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# THE SYSTEM

### **THE PASSING GAME SYSTEM**

80 SERIES SPRINT OUT RIGHT PASS 90 SERIES SPRINT OUT LEFT PASS 100 EMPTY PASS PROTECTION WITH MIRRORED ROUTES 200, 300 QUICK 3 STEP PASSING GAME "READ GAME" 400, 500 5 STEP ½ ROLL PASSING GAME 600, 700 5 STEP ½ ROLL PASSING GAME WITH TAILBACK FLAIR 800,900 5 STEP ½ ROLL PASSING GAME WITH TIGHT END MAX PROTECTION

### **THE RUNNING GAME SYSTEM**

10 SERIES QUARTERBACK 20 SERIES ZONE SERIES FOR POP, FLY, AND FULLBACK 30 SERIES ZONE SERIES FOR TAILBACK AND ONEBACK 40 SERIES IS TAILBACK SERIES FOR A VARIETY OF PLAYS 50 SERIES IS OPTION SERIES 60 SERIES OPEN 70 SERIES OPEN

#### PLAY NUMBERING

FIRST NUMBER INDICATES THE SERIES
SECOND NUMBER INDICATES WHERE THE PLAY IS GOING
EXAMPLE: 18 OPTION
"10" SERIES QB TO THE "8" HOLE, RUNNING "OPTION"

#### HOLE NUMBERING SYSTEM

ODD NUMBERS TO THE LEFT......1,3,5,7,9 EVEN NUMBERS TO THE RIGHT .....0,2,4,6,8

• EXAMPLE: 42 LEAD AND 43 LEAD 42 LEAD...40 SERIES TB....THE 2 HOLE IS TO THE RIGHT....RUNNIG LEAD 43 LEAD...40 SERIES TB....THE 3 HOLE IS TO THE LEFT....RUNNIG LEAD

"ANY PLAY" @ 8 "ANY PLAY" @ 9 BOOT, NAKED, WAGGLE, REVERSE, ROLL @ 8 ARE PLAYS RUN TO THE 8 SIDE (RIGHT) BOOT, NAKED, WAGGLE, REVERSE, ROLL @ 9 ARE PLAYS RUN TO THE 8 SIDE (LEFT) • EXAMPLE: BOOT @ 8

BOOTLEG PASS TO THE RIGHT SIDE

### **PLAYACTION PASSES**

TAG

#### BOOT

BOOTLEG ACTION WITH BACKSIDE GUARD PULLING TO PLAYSIDE TO PROTECT EDGE

- BOOT @ 8
- BOOT @ 9

#### NAKED

PLAYACTION INVOLVING SEVERAL RUNNING PLAYS...QB IS ON A "NAKED BOOTLEG"

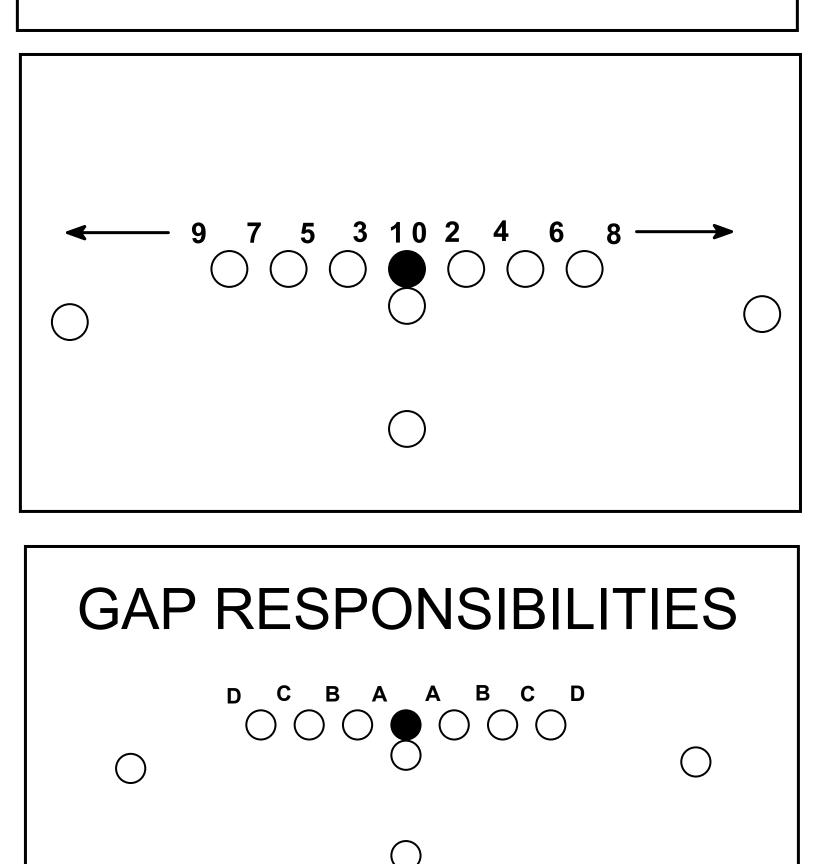
- NAKED @ 8
- NAKED @ 9

#### WAGGLE

SAME AS BOOT, EXCEPT BOTH GUARDS PULL TO PLAYSIDE TO PROTECT EDGE

- WAGGLE @ 8
- WAGGLE @ 9

# HOLE NUMBERING SYSTEM



## **PASSING TREE AND ROUTE CONCEPTS**

#### **1<sup>ST</sup> NUMBER**

IS THE STRONG SIDE/PRIMARY SIDE EVEN NUMBERS TO THE RIGHT, ODD TO THE LEFT EXAMPLE: 408 400 PROTECTION...5 STEP DROP TO THE RIGHT WITH AN 8 ROUTE CONCEPT

#### 2<sup>ND</sup> NUMBER

IS ALWAYS A ZERO UNLESS A PLAYACTION FAKE IS INVOLVED EXAMPLE: 446 – 8 ROUTE 400 PROTECTION TO THE RIGHT FAKE 46 ACTION 8 ROUTE CONCEPT

### **3<sup>RD</sup> NUMBER**

IS THE ROUTE CONCEPT IT TELLS THE OUTSIDE RECEIVER THEIR ROUTE EVERYONE ELSE MUST KNOW THE COMPLIMENTARY ROUTE TO THE PRIMARY ROUTE IN 100 SERIES THE ROUTES ARE "MIRRORED" BY BOTH STRONG AND WEAK SIDE

### **READ GAME (QUICK 3 STEP DROP)**

200,201,202,203,208,209 300,301,302,303,308,309

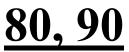
### 400-900 SERIES (5 STEP DROP)

403,404,405,406,407,408,409 503,504,505,506,507,508,509 SAME AS ABOVE FOR 600,700,800,900

### **OUTSIDE RECEIVER ROUTES**

0 READ GAME – 6 AND STOP 1 READ GAME – ALL 6 AND STOP 2 READ GAME – QUICK SLANT AND UP 3 OUT (SHALLOW) 4 CURL (SHALLOW) 5 DEEP OUT (SHALLOW) 6 IN (MIRROR) 7 CORNER/FLAG (MIRROR) 8 POST (MIRROR) 9 GO/STREAK (ALL GO)

### **PASS PROTECTION NUMBER SYSTEM**



- SLIDE STEP AND HINGE PROTECTION...TURN YOU BUTT TO THE SPRINT SIDE
- BOTH BACKS BLOCK TO SPRINT SIDE UNLESS INVOLVED IN ROUTE

EXAMPLE: "85" 80 SERIES SPRINT RIGHT 5 ROUTE CONCEPT

# <u>100</u>

- BIG ON BIG FOR LINE
- NO BACK PROTECTION
- EVERYONE ON A ROUTE
- MIRROR ROUTES ON BOTH SIDES UNLESS THE PLAY IS "TAGGED"
- QUARTERBACK IS RESPONSIBLE FOR PLAY SIDE LINE BACKER

EXAMPLE:

"**103**" 100 PROTECTION WITH A 3 ROUTE CONCEPT

**"100 BOUNCE"** 100 PROTECTION WITH A TAGGED ROUTE "BOUNCE" PRE DETERMINED ROUTES

# <u>200,300 – "READ" GAME</u>

- QUICK GAME 3 STEP DROP
- 200 TO THE RIGHT 200,201,202,203,208,209
- 300 TO THE LEFT 300,301,302,303,308,309
- BACKSIDE OF LINE CUP PROTECTS INSIDE GAP TO PLAYSIDE
- PLAYSIDE OF LINE AGGRESSIVELY BLOCKS MAN ON (OT CHOPS)
- FULLBACK HAS PSLB, TAILBACK HAS WSLB
- BOTH BACKS BLOCK UNLESS MOTION OUT TO AN OPEN FORMATION WHERE THEY ARE INVOLVED IN A ROUTE

THE READ GAME CONCEPT IS 200 AND 300 SERIES "Check with me" ON THE LINE SYSTEM

EXAMPLE: **"201"** 200 PROTECTION WITH 1 ROUTE CONCEPT OUT OF THE READ GAME PACKAGE

# 400,500

- 5 STEP DROP <sup>1</sup>/<sub>2</sub> ROLL
- 400 TO THE RIGHT
- 500 TO THE LEFT
- BACKSIDE OF LINE CUP PROTECTS INSIDE GAP TO PLAYSIDE
- PLAYSIDE OF LINE AGGRESSIVELY BLOCKS MAN ON
- FULLBACK HAS PSLB, TAILBACK HAS WSLB
- BOTH BACKS BLOCK UNLESS MOTION OUT TO AN OPEN FORMATION WHERE THEY ARE INVOLVED IN A ROUTE
- TAGGED PASS PLAYS MAY BE RUN OUT OF 400 OR 500 AS WELL

### EXAMPLE:

"**404**" 400 Protection with "4" Route concept

"442 Cross"

400 Protection Fake 42 Lead TAG: "Cross" route concept

### "549 - 8 Route"

500 Protection Fake 49 G Action "8" Route Concept

# <u>600,700</u>

- 5 STEP DROP <sup>1</sup>/<sub>2</sub> ROLL
- 600 TO THE RIGHT
- 700 TO THE LEFT
- BACKSIDE OF LINE CUP PROTECTS INSIDE GAP TO PLAYSIDE
- PLAYSIDE OF LINE AGGRESSIVELY BLOCKS MAN ON
- FULL BACK BLOCKS PSLB
- TAILBACK SWINGS OR IS ON PRE DETERMINED ROUTE (MAY SWITCH RESPONSIBILITIES WITH FULLBACK ON CERTAIN PLAYS)

SAME AS 400,500 FOR LINE...THE TAILBACK SWINGS INSTEAD OF BLOCKS UNLESS HE IS INVOLVED IN THE FAKE...THE FULLBACK WILL NOW BE IN THE ROUTE (THEY SWITCH RESPONSIBILITIES) WILL RUN A LOT OF PLAYACTION OUT OF THIS

EXAMPLE:

**"708"** 700 PROTECTION 8 ROUTE CONCEPT WITH TAILBACK SWINGING/FLAIR

**"652 SLAM"** 600 PROTECTION FAKE 52 VEER TAG "SLAM" ROUTE CONCEPT

# 800,900

- 5 STEP DROP ½ ROLL
- 800 TO THE RIGHT
- 900 TO THE LEFT
- BACKSIDE OF LINE CUP PROTECTS INSIDE GAP TO PLAYSIDE
- PLAYSIDE OF LINE AGGRESSIVELY BLOCKS MAN ON
- TIGHT END (S) MAX PASS BLOCK, FULL BACK BLOCKS PSLB
- TAILBACK BLOCKS WSLB UNLESS INVOLVED IN THE ROUTE OR FAKE

WILL RUN WHEN WE WANT THE TIGHT END(S) TO STAY IN AND BLOCK MAX PROTECTION SAME AS 400, 500 FOR LINE

EXAMPLE:

"804" 800 PROTECTION 4 ROUTE CONCEPT WITH NO TIGHT ENDS IN THE ROUTE

# **Passing Game Concept & Protection**

The Passing Game is based on a numbering system. The first number gives the series. The second and third number describe the route concept or play action series being simulated.

80 90 SERIES – SPRINT GAME...RUN – PASS OPTION FOR QB 100 SERIES – 5 STEP...EVERYONE ON A ROUTE...NO BACK PROTECTION 200 300 SERIES – QUICK 3 STEP GAME...BOTH BACKS BLOCK UNLESS TAGGED 400 500 SERIES – 5 STEP ½ ROLL...BOTH BACKS BLOCK UNLESS TAGGED 600 700 SERIES – SAME AS 400,500 EXCEPT ONE BACK (TAIL BACK) IS IN ROUTE 800 900 SERIES – SAME AS 400, 500 EXCEPT TIGHT END MAX PASS PROTECTS

### TAG SYSTEM

SOME ROUTES BREAK THE RULES AND PASSING TREE CONCEPT...CERTAIN COVERAGES CAN BE PICKED APART BY ROUTE COMBINATIONS. INSTEAD OF CALLING EVERY RECEIVER'S INDIVIDUAL PASS ROUTE OR BLOCKING SCHEME, WE TAG OR PACKAGE CERTAIN ROUTES TOGETHER. BY TAGGING ROUTES, WE CAN GAME PLAN WEEK TO WEEK OUR BASE TAG PLAYS AND ADD ONE OR TWO NEW ONES. TAGGING ROUTES ELIMINATE TOO MANY WORDS IN A PLAY...LEARN THE NUMBERING SYSTEM, AND MEMORIZE THE TAG WORD, AND WE ARE READY.

### SOME EXAMPLES OF "TAGGED" PLAYS

- SLAM
- SMASH
- BOUNCE
- MESH
- DIG
- DASH
- TEXAS
- SWITCH
- CHOICE
- SLIDE
- GO
- STREAK
- HITCH
- **BUBBLE**
- JET
- SHALLOW

# **COACHING IDEAS**

# **GROUPS**

EVERY OFFENSE MUST MAXIMIZE ITS STRENGTHS AND MINIMIZE ITS WEAKNESSES. IT IS IMPORTANT FOR COACHES PLACE THEIR ATHLETES IN A POSITION TO BE SUCCESSFUL.

### MOVING PLAYERS AROUND

SOME COACHES WILL FLEX THEIR TIGHT END OUT IN OPEN SETS AS A RECEIVING OPTION. OTHERS WILL SUBSTITUTE A SMALLER QUICKER STYLE OF ATHLETE IN PASSING SITUATIONS. SO IN ONE PLAY, THE Y MIGHT BE A BLOCKING TIGHT END WHO ONLY RUNS BOOTLEG PASS ROUTES, WHILE ON THE NEXT PLAY – WITH A COACHING SUBSTITUTION – THE Y WILL BE A SMALL SCAT BACK USED TO CATCH A SCREEN, RUN A GO ROUTE, OR EXECUTE A REVERSE. A COACH NEEDS TO KNOW HIS PERSONELL, AND GROUP THEM ACCORDING TO SITUATIONS, FORMATIONS, MOTIONS, AND INTELLIGENCE.

KNOWING YOUR OFFENSE INSIDE AND OUT, STUDYING FILM, AND EVALUATING YOUR ATHLETES ON A DAILY BASIS WILL HELP YOU DRAW SOLID CONCLUSIONS ON WHAT YOUR PLAYERS CAN AND CAN NOT DO. IT IS IMPORTANT TO BE AWARE OF SUBSTITUTION AND/OR FORMATION AND MOTION TENDANCIES WHICH MAY LET DEFENSES KNOW WHAT PLAY YOU MAY RUN, OR TO WHICH PLAYER YOU MAY GO TO. WEIGH ALL OF THESE FACTORS TOGETHER AND ASSEMBLE GROUPS THAT WILL MAXIMIZE THE POTENTIAL OF YOUR OFFENSE.

## **TERMINOLOGY**

PLAYER TERMINOLOGY IS CONSISTENT BUT FLEXIBLE

WE LABEL ATHLETES AS A PARTICULAR POSITION AND EXPECT THEM TO KNOW IT...BUT WE ALSO EXPECT THEM TO GROW IN UNDERSTANDING OF THE OFFENSE SO THEY CAN PLAY ANY POSITION. WE WANT THEM TO KNOW THE RULES BEHIND EVERY PLAY. THIS MAKES US A BETTER FOOTBALL TEAM.

- X OUTSIDE LEFT RECEIVER/ 2<sup>ND</sup> TIGHT END ALSO CALLED H
- Z OUTSIDE RIGHT RECEIVER/ FLANKER/ WING/ SLOT
- F FULLBACK/ INSIDE LEFT RECEIVER/ ALSO CALLED S BACK
- Y TIGHT END/ INSIDE RIGHT RECEIVER
- T TAILBACK

# THE PLAYBOOK

BASED ON EXPERIENCE, IT IS BETTER TO HAVE FEWER OFFENSIVE PLAYS AND EXECUTE THEM WELL, THAN TO RUN EVERYTHING IN THE PLAYBOOK AND BE INEFFECTIVE.

EVERY GREAT OFFENSE EVOLVES THROUGHOUT A SEASON. IT IS A DAY BY DAY PROCESS THAT OCCURS ONCE THE "BASE" PLAYS ARE MASTERED.

## PASSING RULES

IN OUR OFFENSE, RULES ARE A FOUNDATION. BY UNDERSTANDING CERTAIN RULES MAKE THE OFFENSE EASIER TO LEARN, RUN, AND COACH. IN OUR OFFENSE THE FIRST NUMBER TELLS US WHICH SIDE IS THE STRENGTH OF THE CALL. THIS HELPS THE LINE KNOW WHO IS STRONGSIDE AND WHO IS BACKSIDE FOR OUR STYLE OF PASS PROTECTION (WHICH GAVE UP VERY FEW SACKS OR QB PRESSURES). IT ALSO LETS THE TIGHT ENDS AND BACKS KNOW, WHETHER NO BACK, ONE BACK, OR TWO BACK, IF THEY WILL BE BLOCKING OR BE OUT ON A ROUTE. THE SECOND NUMBER IS ZERO UNLESS THERE IS A PLAYACTION FAKE INVOLVED. THE THIRD NUMBER IS THE ROUTE CONCEPT UNLESS IT IS PART OF THE PLAYACTION SERIES.

• EXAMPLE 403 400 SERIES IS 5 STEP DROP TO THE RIGHT WITH A 3 ROUTE CONCEPT

IN 3 AND 5 STEP DROP, THE SECOND NUMBER WILL ALWAYS BE A ZERO...THERE IS NO PLAYACTION INVOLVED. HOWEVER, IF WE WANT TO FAKE A PARTICULAR ACTION IN THE BACKFIELD, WE CAN PLACE ALMOST ANY SERIES INTO THE PLAY CALL AND STILL CARRY OUT ANY PASS PLAY IN THE BOOK. THEN, WE JUST CALL THE ROUTE CONCEPT OR TAG TO COMPLETE THE PLAY CALL.

EXAMPLE

 434 3 ROUTE
 400 SERIES
 FAKE 34 ACTION
 3 ROUTE CONCEPT

### **OTHER RULES**

IN THE PLAY CALL...THE LAST NUMBER SPEAKS TO THE OUTSIDE X OR Z RECEIVER. THE NEXT RECEIVER RUNS A COMPLIMENTARY ROUTE THAT CORRESPONDS WITH THAT NUMBER. IF WE ARE IN TRIPS, THE #3 RECEIVER ALMOST ALWAYS RUNS A 9 ROUTE. IN EMPT SET, THE TAILBACK WILL ALMOST ALWAYS RUN A QUICK ROUTE OVER THE MIDDLE. CERTAIN TAGS BREAK THESE RULES, BUT LAYING THE FOUNDATION ALLOWS THE OFFENSE TO GROW. EXAMPLE
3 ROUTE CONCEPT
#1 RUNS A 3 ROUTE – OUT ROUTE
#2 RUNS A COMPLIMENTARY ROUTE - CORNER
#3 RUNS A 9 ROUTE - GO

### **WEAKSIDE ROUTES**

### SHALLOW PACKAGE AND MIRROR PACKAGE

THE OFFENSE HAS EVOLVED INTO WHAT WOULD APPEAR TO BE COMPLEX NUMBERING SYSTEM...HOWEVER, IT HAS BRANCHED INTO THIS OVER TIME. FOR SIMPLICITY SAKE IN THE PASSING GAME, YOU MAY WANT TO MIRROR ROUTES INDEFINITELY OR ALWAYS RUN A BACKSIDE POST.

ROUTES ENDING IN 0,1,2 AND 3 THAT ARE PART OF THE READ GAME PACKAGE ARE EXPLAINED UNDER THE READ GAME SEGMENT OF THE PLAYBOOK.

ROUTES ENDING IN 3,4,5 WILL HAVE A BACKSIDE PACKAGE CALLED SHALLOW. THIS PACKAGE HAS WEAK #1 RUNNING A SLOW DRAG TO THE HASH AT A SIX YARD DEPTH. SHALLOW #2 RUNS A 9 ROUTE DOWN THE HASH WITH THE OPTION TO STOP IN THE HOLE AT 12 YARDS. THIS CREATES A HIGH LOW OPTION FOR THE QUARTERBACK SHOULD HE NEED TO CHECK TO THE BACKSIDE.

ROUTES ENDING IN 6,7,8,9 WILL ALL BE MIRRORED...SO THE STRONG SIDE AND THE WEAK SIDE ROUTE WILL BOTH LOOK THE SAME.

HOWEVER, IN THE 100 SERIES, NO MATTER WHAT THE LAST NUMBER IS...THE ROUTES ARE MIRRORED. TAGGED ROUTES BREAK ALMOST ALL RULES...IT IS JUST A MATTER OF MEMORIZING THE TAG.

#### TAGGING ROUTES

SOMETIMES ROUTES BREAK THE RULES. OR WE WANT CERTAIN PLAYERS OR POSITONS RUNNING A CERTAIN ROUTE NO MATTER WHAT FORMATION IS USED...THIS IS WHEN WE TAG A PLAY. BOUNCE, MESH, DIG, TEXAS, TURBO, DASH, SLAM, HBO, ETC...THESE TAGS ALL REPRESENT VARIOUS ROUTE CONCEPTS THAT ARE MEMORIZED IN ORDER TO ELIMINATE EXTRA LONG PLAY CALLS. SOME COACHES GIVE NUMBERS, NAMES OF ANIMALS, STATES, OR ROCK BANDS TO NAME PLAYS.

## **FORMATIONS**

FOMATIONS CAUSE DEFENSES TO ADJUST. TWO TIGHT ENDS AND ONE BACK DEMAND THAT A DEFENSE BALANCES ITSELF. IN SPREAD FORMATIONS, YOU CAN PLACE DEFENDERS INTO PASS COVERAGE SITUATIONS THEY MAY NOT BE USED TO. TIGHT, COMPACT FORMATIONS REQUIRE SECONDARY PLAYERS TO MAKE TACKLES TO SAVE TOUCHDOWNS. AS A COACH, USE FORMATIONS TO ATTACK THE WEAKNSESSES OF A DEFENSE.

SOME COACHES WILL COLOR CODE FORMATIONS TO ELIMINATE TOO MANY WORDS. OTHERS WILL NAME FORMATIONS AFTER MUSIC GROUPS OR VARIOUS ANIMALS. IT REALLY DOES NOT MATTER WHAT YOU USE, SO LONG AS THERE IS SOME FORM OF UNIFORMITY THAT WILL HELP PLAYERS TO UNDERSTAND THE METHOD BEHIND THE CALL.

IN OUR OFFENSE, THE Y WILL ALMOST ALWAYS GO TO THE CALL SIDE

- "I RIGHT" WILL SEND HIM TO THE RIGHT.
- "TRIPS RIGHT" WILL MAKE HIM THE NUMBER 2 RECEIVER

• "TRIPS LEFT" WILL MAKE HIM THE NUMBER 3 RECEIVER X WILL ALMOST ALWAYS BE ON THE LEFT SIDE OF THE FORMATION Z WILL ALMOST ALWAYS BE ON THE RIGHT SIDE OF THE FORMATION TWINS, FLIP, AND SLOT CALLS BEND THE RULES.

SOME OFFENSES, FOR SIMPLICITY, HAVE AN OFFENSIVE LINE THAT FLIPS...A STRONG SIDE AND A QUICK SIDE OF THE LINE WHO LEARN ONLY CERTAIN PLAYS. SOME OFFENSES HAVE A Z RECEIVER WHO ALWAYS GOES TO THE STRONG SIDE, AND THE X WHO ALWAYS GOES TO THE BACKSIDE. THERE IS NO RIGHT OR WRONG WAY TO SET THIS UP, SO LONG AS YOU, YOUR STAFF, AND YOUR PLAYERS CAN LEARN IT AND EXECUTE THE OFFENSE EFFECTIVELY.

## **FLEXIBILITY**

THE OFFENSE IS FLEXIBLE. THE NUBERING SYSTEM, TAGS, TERMINOLOGY, CONCEPTS, ARE THE FOUNDATION. WEEK BY WEEK A PLAY MAY HAVE TO ADAPT IN ORDER TO ATTACK A CERTAIN DEFENSE...SO BE PREPARED TO ADJUST.

## **SERIES RULES ADJUSTMENTS**

FOR THE MAJORITY OF PLAYBOOKS, THE NUMBERING SYSTEM FOR THE RUNNING GAME IS EXPLAINED AS FOLLOWS. FIRST NUMBER INDICATES THE SERIES, THE SECOND NUMBERS TELLS WHICH HOLE THE PLAY GOES TO, AND THE TAG LETS EVERYONE KNOW THE BLOCKING SCHEME.

### CHANGES

THE BACKS ARE GIVEN A NUMBER. IN THE WISHBONE OFFENSE, GOAL LINE OFFENSE, PIRATE OFFENSE, WING T OFFENSE, STACK OFFENSE, STRAIGHT T OFFENSE, WEST COAST, AND Y STACK OFFENSE CONTAIN THE FOLLOWING ADJUSTMENTS.

- 1 BACK QUARTERBACK
- 2 BACK FLANKER WING
- 3 BACK FULLBACK
- 4 BACK TAIL BACK
- 5 BACK OPEN

EXAMPLE: 44 DIVE IS A DIVE BY THE 4 BACK TO THE 4 HOLE 36 SLANT IS A OFF TACKLE PLAY BY THE 3 BACK TO THE 6 HOLE 25 TRAP IS A INSIDE TRAP PLAY BY THE 2 BACK TO THE 5 HOLE

## **ADJUSTMENTS**

IN GAME ADJUSTMENTS ON A PLAY BY PLAY BASIS ARE VERY IMPORTANT. FIND A WEAKNESS AND EXPLOIT IT. THE SINGLE MOST IMPORTANT FOR AN OFFENSE IN MY OPINION IS HALF TIME. IT IS AT THE MID POINT WHERE THE COACHES PUT THEIR OBSERVATIONS, RECOMMENDATIONS AND IDEAS TOGETHER. REGROUP, MAKE CORRECTIONS, AND FORM A SECOND HALF GAME PLAN WITHIN 3 TO 5 MINUTES BEFORE GOING BEFORE THE OFFENSE. BE PREPARED TO CREATE ONE OR TWO SPECIAL PLAYS ON THE SPOT...SOME COACHES DON'T BELIEVE IN THIS, BUT I'VE SEEN THIS WIN MANY GAMES. IF THE PLAYERS KNOW THE RULES OF THE SYSTEM, THEN ADDING A WRINKLE WILL NOT THROW THEM OFF...SO LONG AS YOU ARE NOT TRYING THE SUPER DUPER TRIPLE REVERSE PASS OPTION!

## **COACH WHAT YOU KNOW**

IF YOU KNOW THE RUSHING GAME. THEN DON'T TRY TO COACH THE RUN AND SHOOT OFFENSE. IF YOU KNOW THE PASSING GAME, THEN DON'T TRY TO RUN THE WING T. SUCCESSFUL COACHES HAVE RUN ALL TYPES OF OFFENSES. EVERY OFFENSE HAS WON A CHAMPIONSHIP SOMEWHERE AT SOMETIME. THE WING T, THE SPREAD, THE VEER, THE WEST COAST, AND ON AND ON...THESE DIFFERENT OFFENSES HAVE ALL HELD THE TROPHY. IS IT THE OFFENSE YOU RUN, OR YOUR ABILITY TO MASTER WHAT YOU KNOW? BE A STUDENT OF THE GAME AND STRETCH YOURSELF. LEARN AS MUCH AS YOU CAN SO THAT YOU WILL BE VERSATILE. BUT DON'T ADD SOMETHING UNTIL YOU KNOW IT, AND KNOW IT WELL.

## **BELIEVE**

### YOURSELF

BELIEVE IN YOURSELF. YOU CAN'T ASK YOUR PLAYERS TO DO SOMETHING YOU DON'T DO. AT THE SAME, TIME, DO NOT BE COCKY OR ARROGENT TO THE POINT WHERE YOU ARE DISLIKED AND AVOIDED BY YOUR PLAYERS AND FELLOW STAFF MEMBERS.

### YOUR STAFF

BELIEVE IN YOUR STAFF. EVEN IF THEY LACK KNOWLEDGE, BUILD THEM UP, ENCOURAGE THEM, AND LET THEM KNOW YOU VALUE THEM...THEY WILL BEND OVER BACKWARDS AND EXCELL UNDER THIS KIND OF ENVIRONMENT

### THE PLAYERS

BELIEVE IN THE PLAYERS.

THEY TRAIN. THEY LIFT WEIGHTS. THEY RUN SPRINTS. THEY SACRIFICE. THEY FIGHT.

WHY?

BECAUSE IT IS FUN. BECAUSE OF THE FRIENDSHIP. BECAUSE OF THE TEAM. BECAUSE OF THE GLORY. BECAUSE OF A DREAM.

BELIEVE THAT THEY CAN DO IT.

## **CLOSING THOUGHTS**

THE DREAM...

IT IS BIGGER THAN YOU OR ME...THE DREAM OF BEING A CHAMPION. THAT'S OUR DREAM TOO, ISN'T IT?

LET US PRESS FORWARD, DO THE BEST WE CAN DO, BE CHAMPIONS ON THE GRIDIRON, CHAMPIONS IN OUR RELATIONSHIPS, AND CHAMPIONS IN LIFE.

# **FORMATION SHIFTING**

## TRADE

MOVE OUR TIGHT END FROM ONE SIDE TO THE OTHER BEFORE THE PLAY NOT MOTION...IT IS A SHIFT

• EXAMPLE: "TRADE TO I RIGHT"

START IN I LEFT, Y RISES UP JOGS ACROSS FORMATION AND SETS UP IN I RIGHT THIS WORKS WELL FOR DEFENSIVE LINES THAT HAVE A STRONG AND QUICK SIDE THAT FLIP TO STRENGTH...MAKE SURE X AND Y ARE ON OR OFF THE LINE, DEPENDING ON WHERE Y SETTLES!

# <u>SHIFT</u>

START IN VIRTUALLY ANY BASE OR CRAZY FORMATION YOU WANT (OR THEY WANT) AND END UP IN THE CALLED FORMATION.

• EXAMPLE: "SHIFT TO TRIPS LEFT"

ALL BACKS AND TIGHT ENDS CAN LINE UP STACKED, WISHBONE, EMPTY...SO LONG AS THEY LINE UP IN THE CALLED FORMATION WHEN THE QUARTERBACK YELLS "SHIFT!"

## FLIP

FLIP MOVES THE X OR Z TO THE SAME SIDE AS THE TIGHT END. THIS UNBALANCED FORMATION MAKES THE TIGHT END INELIGIBLE AS A RECEIVER.

• EXAMPLE: "I RIGHT FLIP" THE X MOVES OVER INTO TWINS ON Z SIDE

# <u>OVER</u>

MOVES THE TACKLE OVER TO THE OTHER SIDE OF THE FORMATION

• EXAMPLE:"I RIGHT OVER" TIGHT END GOES TO I RIGHT NEXT TO RIGHT GUARD...RIGHT TACKLE MOVES "OVER" TO THE LEFT

IN BALANCED FORMATIONS...ALWAYS GAME PLAN WHERE THE TACKLE WILL SHIFT TO...WIDE OR SHORT SIDE OF FIELD.

# <u>SUPER</u>

SUPER IS A HEAVY FORMATION THE WEAK GUARD AND WEAK TACKLE WILL SUPER SHIFT TO THE STRENGTH CALL.

• EXAMPLE: "SUPER I RIGHT" FROM LEFT TO RIGHT THE FORMATION WOULD APPEAR AS FOLLOWS: X TO CENTER TO GUARD, GUARD, TACKLE, TACKLE, TIGHT END AND SPLIT Z

## **FREEDOM**

#### LIBERTY IN AN OFFENSE

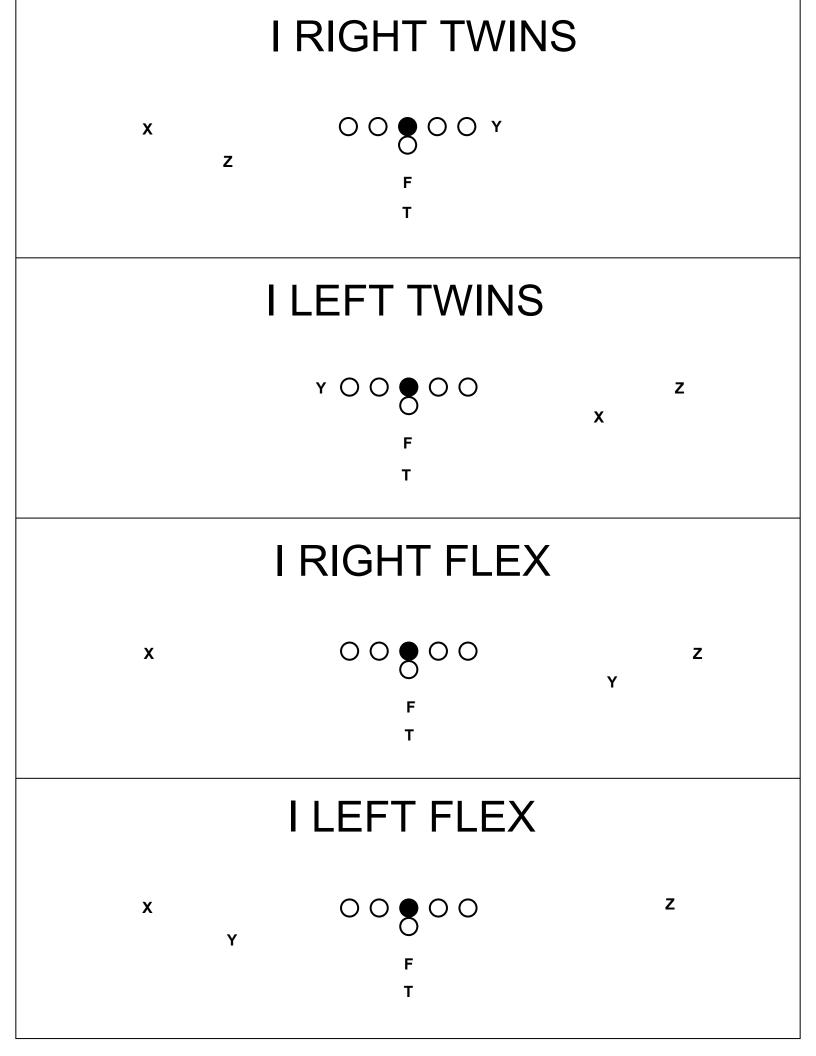
WE GIVE THE ATHLETES FREEDOM WITHIN THE SYSTEM. RECEIVERS WITH EXPERIENCE WILL ROTATE AROUND WITHIN A FORMATION...SOMETIMES THEY DO THIS TO GET THEMSELVES INVOLVED IN THE PLAY BY CRACK BLOCKING, STALK BLOCKING, OR BEING THE PRIMARY TARGET ON A PLAY OR SCREEN. ONE TIME OUR S BACK MIGHT BE RECEIVER NUMBER 3 IN TRIPS AND THE NEXT PLAY RECEIVER NUMBER 2 IN TRIPS...OUR PHILOSOPHY IS THAT AS LONG AS THE ROUTES ARE RUN AND ASSIGNMENTS CARRIED OUT WE DON'T MIND IF THEY MOVE WITHIN THE OFFENSIVE ALIGNMENTS. WITH THIS BEING STATED, THEY UNDERSTAND THAT THEY ARE A UNIT, AND IT IS BETTER FOR CATCHES TO BE DISTRIBUTED BETWEEN THEM ALL RATHER THAN PASSES BE THROWN TO ONE OR TWO RECEIVERS.

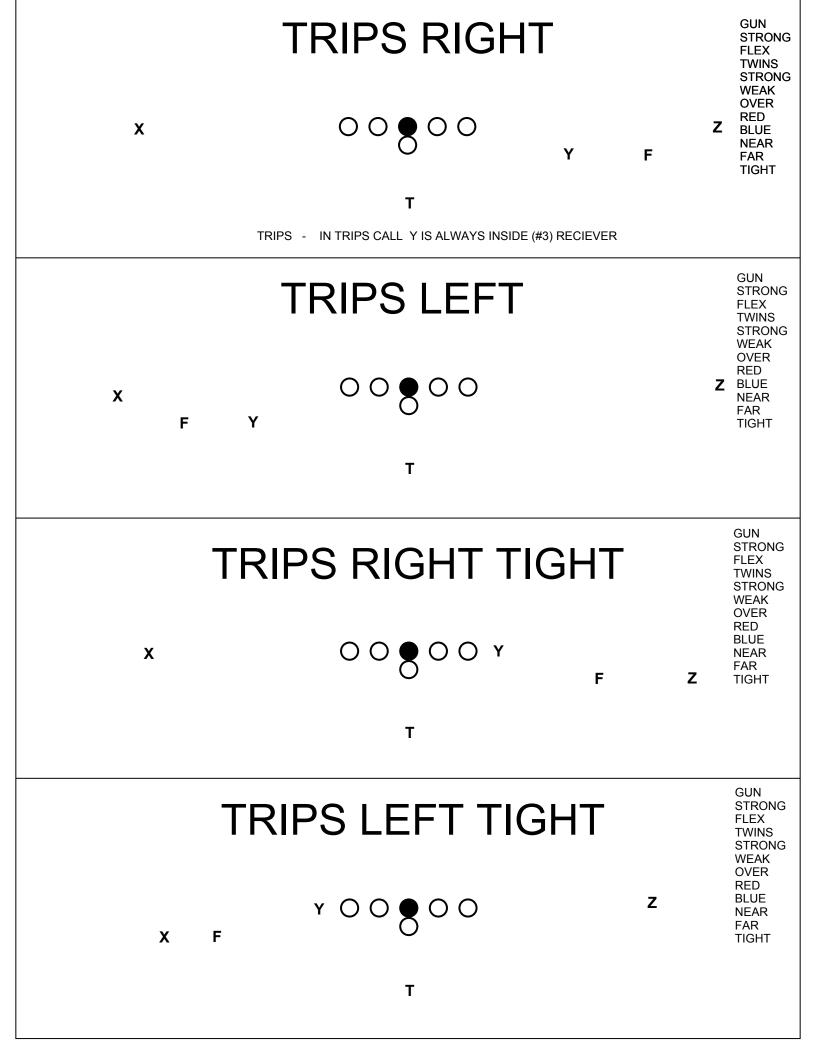
WE STRESS THE IMPORTANCE OF NOT BEING PREDICTABLE BY ALIGNMENT AND FORMATION. THERE ARE CERTAIN ROUTES THAT NEED TO BE RUN BY SPEED...THERE ARE CERTAIN ROUTES THAT NEED TO BE RUN BY SIZE...AND THEN THERE ARE MOMENTS IN A GAME, WHEN IT IS CRUNCH TIME, A CERTAIN ROUTE NEEDS TO BE RUN BY OUR PLAYMAKERS. SOMETIMES AS COACHES, WE WILL REQUEST EITHER PERSONELL CHANGE, AND SOMETIMES THE PLAYERS JUST KNOW...THE LIGHTS ARE ON AND IT IS TIME TO SHINE. THEY HAVE BEEN COACHED...IT IS TIME TO TRUST THEM.

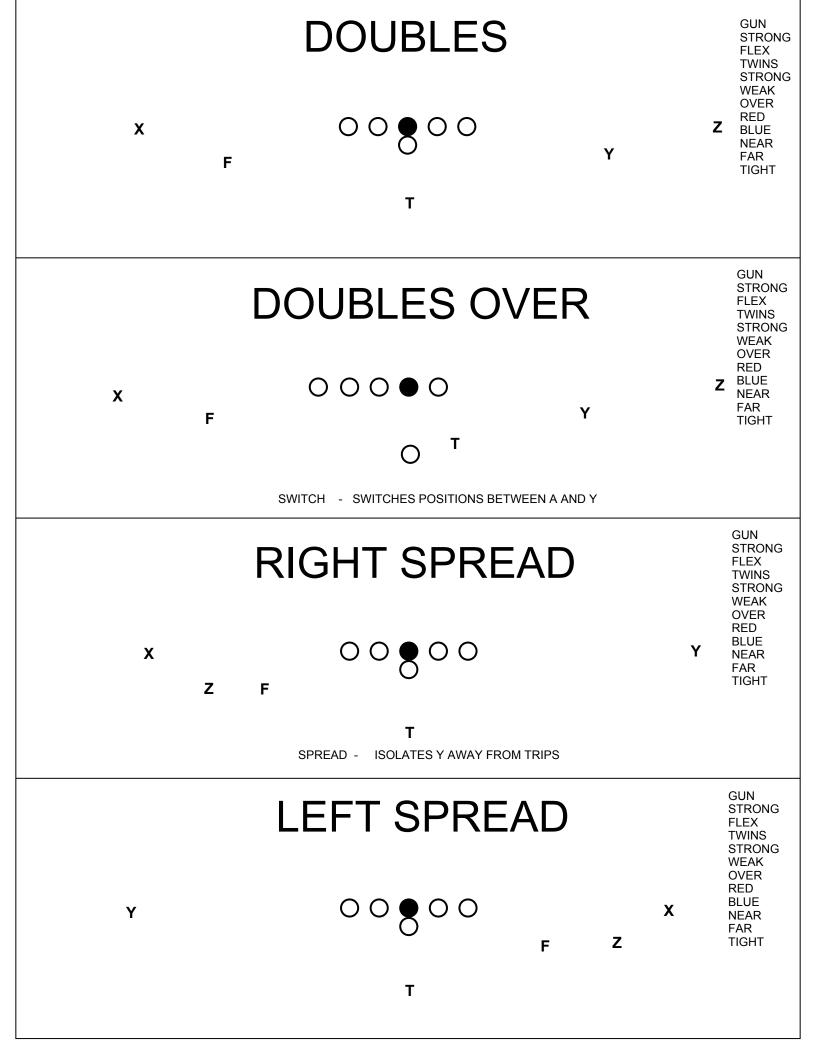
#### FREEDOM IN TERMINOLOGY

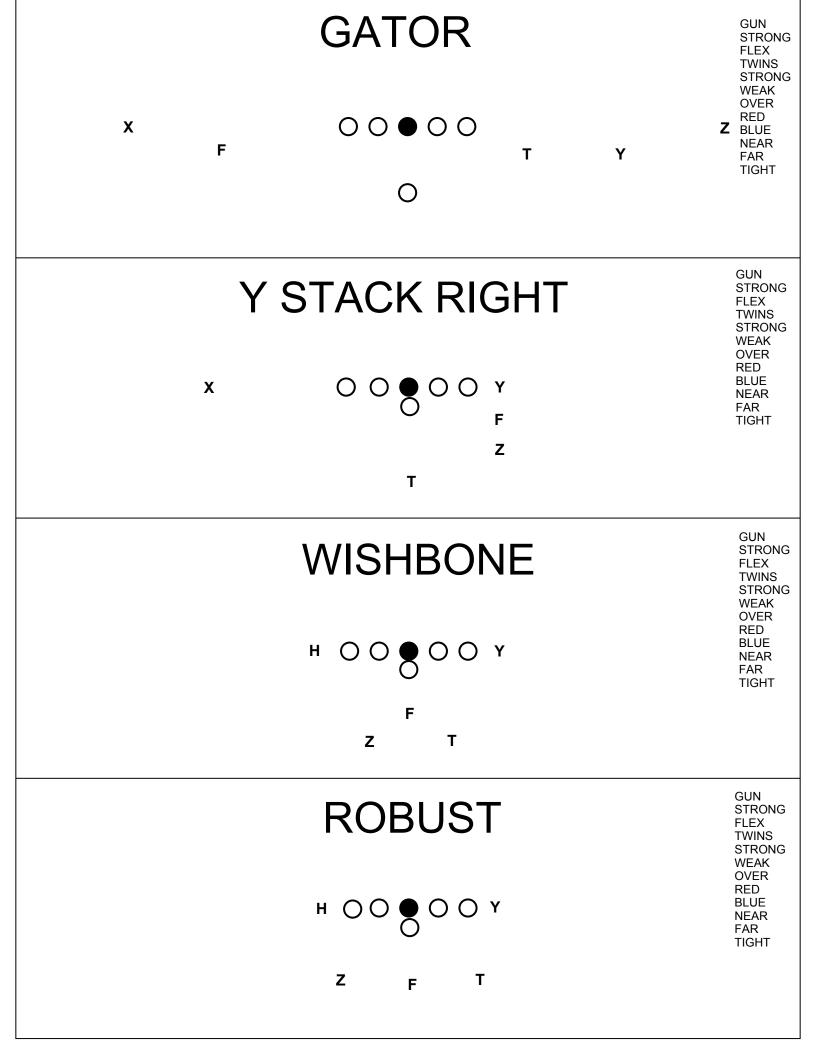
THE PLAYBOOK HANDBOOK IS A GUIDE. IT IS IMPORTANT, TO ELIMINATE AS MUCH TERMINOLOGY AS POSSIBLE ON PLAY CALLING. THIS IS WHY SHORT FORMATION CALLS AND PLAY TAGGING ARE IMPORTANT. SOME PLAYS WILL HAVE THE F, S, Y, X, OR Z INTERCHANGING WITH ONE ANOTHER ON CERTAIN PLAYS. THERE ARE TIMES WHEN A FORMATION CALL MAYBE SHORTENED. FOR EXAMPLE, DOUBLES GUN WILL BE CALLED DOUBLES. WE HAVE ALREADY GAME PLANNED THAT WE WILL BE IN THE GUN UNLESS TOLD OTHERWISE. SOME OFFENSES ALWAYS USE TWO TIGHT ENDS, THEREFORE THE FORMATION LABEL "TIGHT" WOULD NOT BE NECESSARY. ALLOW FOR FREEDOM IN YOUR "RULES".

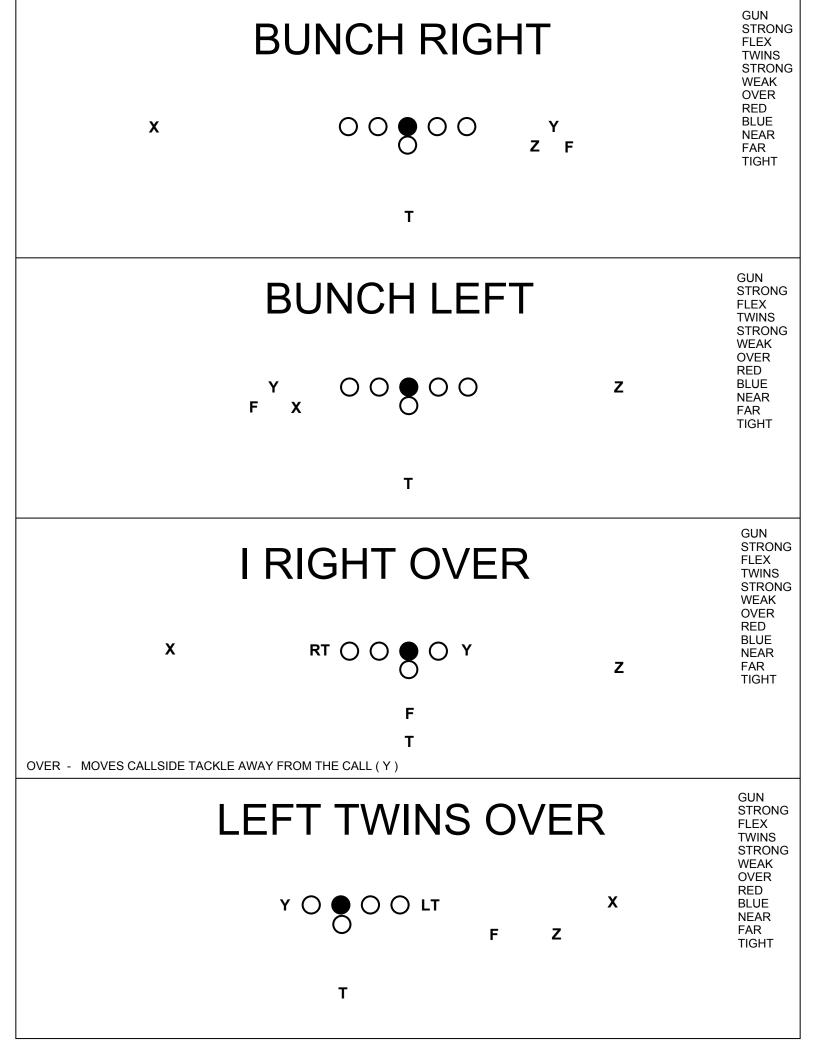
### **KEEP IT SIMPLE**

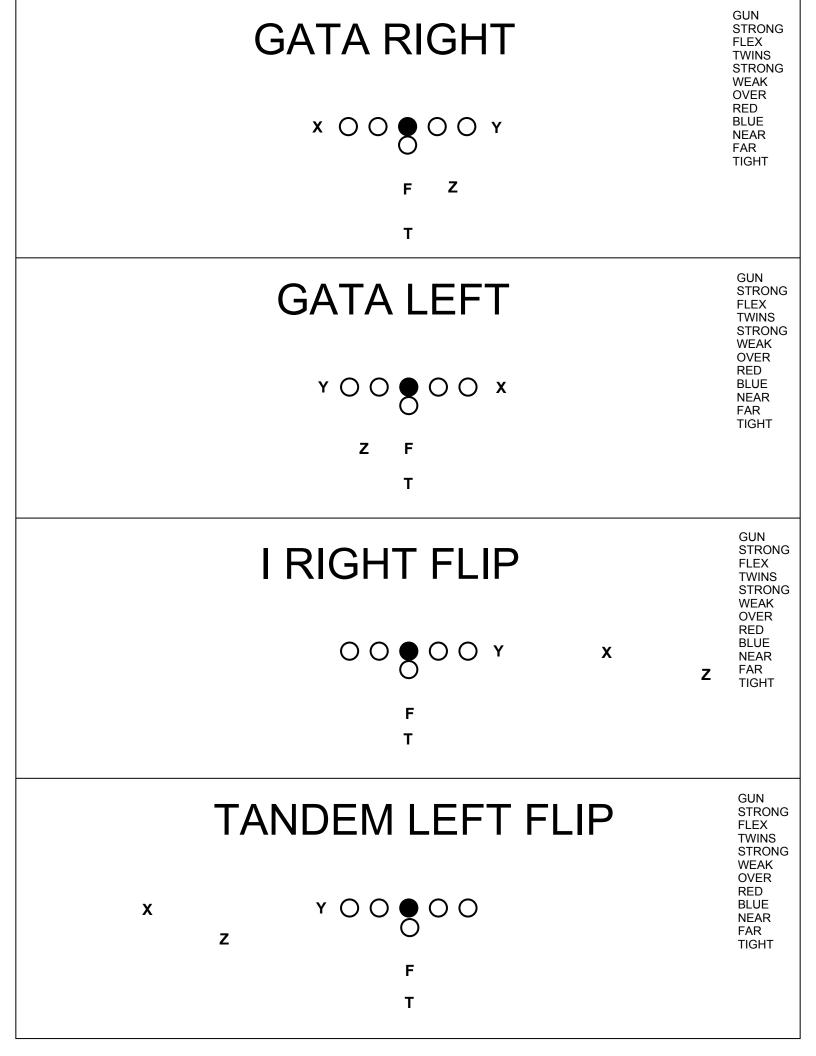


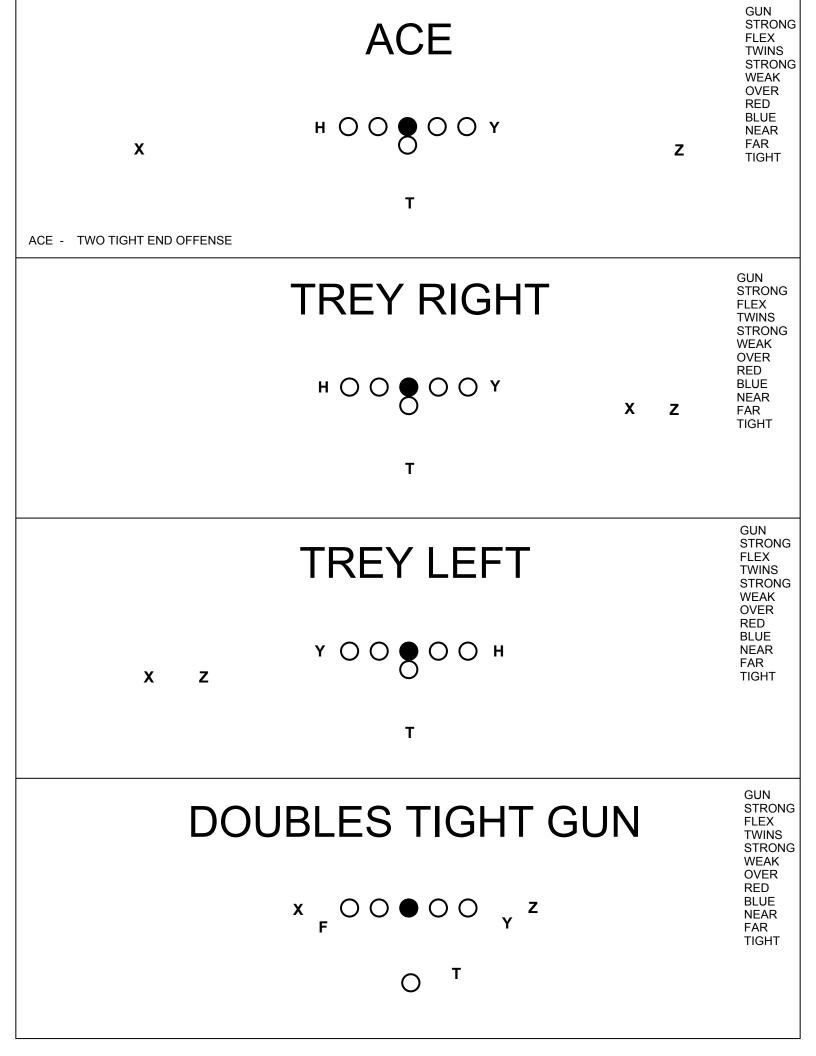


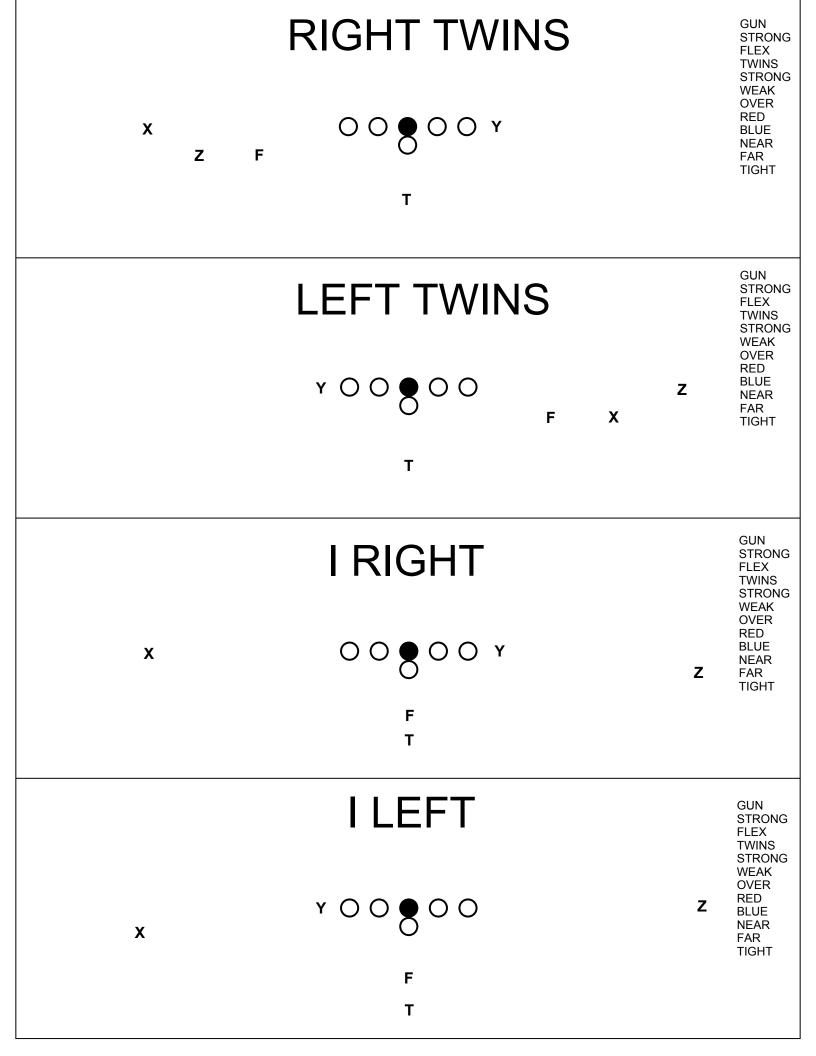


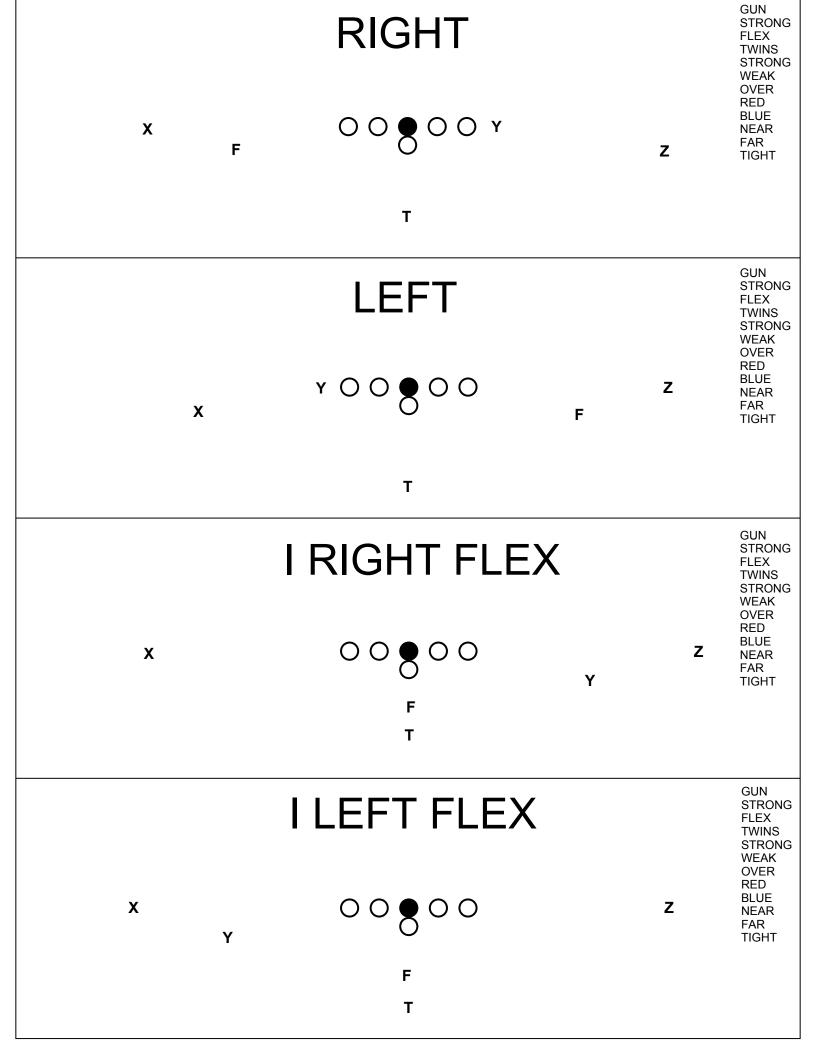


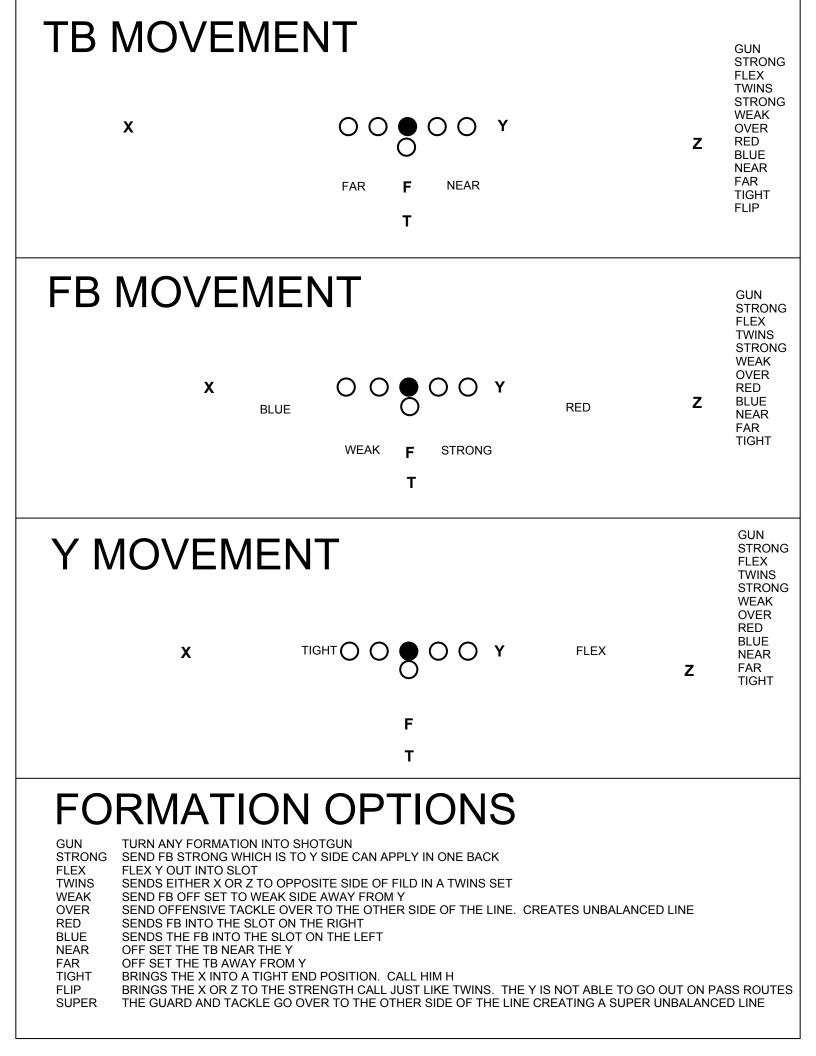












# BASE FORMATIONS

ILEFT		I RIGHT
000000	0	0 00000 0
0		0 0
NEAR LEFT		NEAR RIGHT
	0	0 00000
FAR LEFT		FAR RIGHT
	0	0 00000
0 0		0 0
STRONG I LEFT		STRONG I RIGHT
$\circ \circ \circ \bullet \circ \circ$	0	0 0000
0 0		0
0		0
WEAKILEFT		WEAK I RIGHT
$\circ \circ \circ \bullet \circ \circ$	0	0 0000
0 0		0 0
0		0

# TIGHT FORMATIONS

I LEFT TIGHT	I RIGHT TIGHT
NEAR LEFT TIGHT	NEAR RIGHT TIGHT

# FLEX FORMATIONS

I LEFT FLEX	I RIGHT FLEX
NEAR LEFT FLEX	NEAR RIGHT FLEX
STRONG I LEFT FLEX	STRONG I RIGHT FLEX
WEAKILEFT FLEX	WEAK I RIGHT FLEX

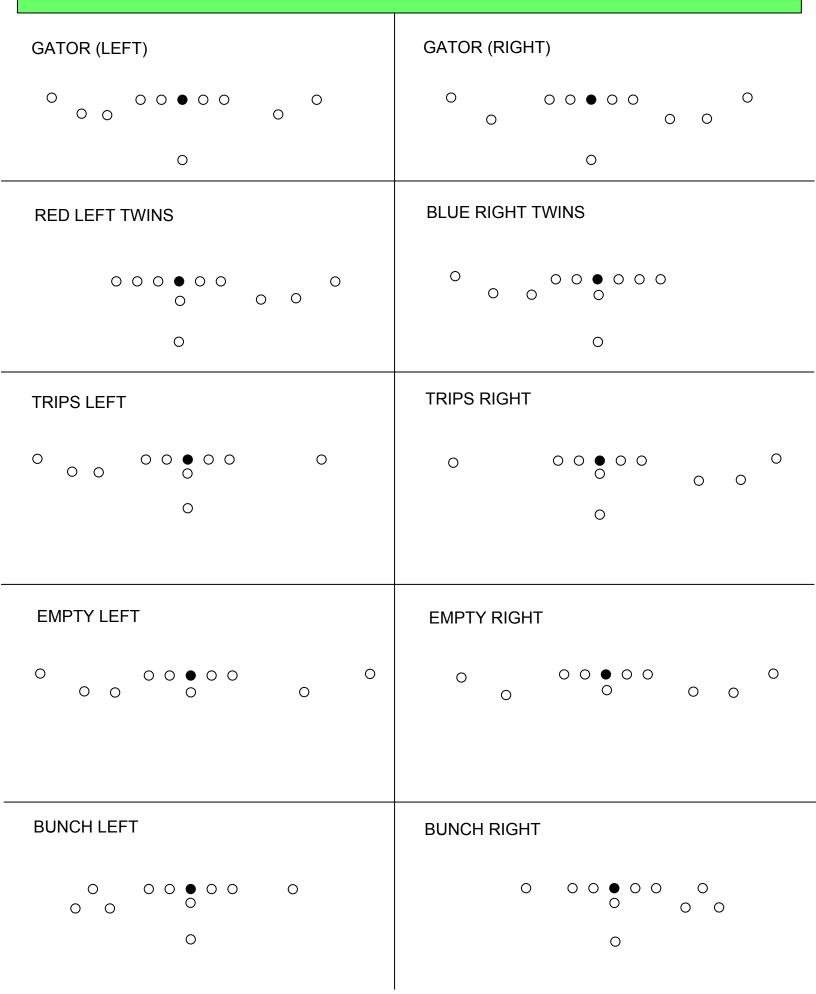
# TWINS FORMATIONS

I LEFT TWINS	I RIGHT TWINS
0 0	0 0
NEAR LEFT TWINS	NEAR RIGHT TWINS
0 0	0 0
FAR LEFT TWINS	FAR RIGHT TWINS
0 0	0 0
STRONG I LEFT TWINS	STRONG I RIGHT TWINS
0	0
	-
WEAK I LEFT TWINS	WEAK I RIGHT TWINS
0	0

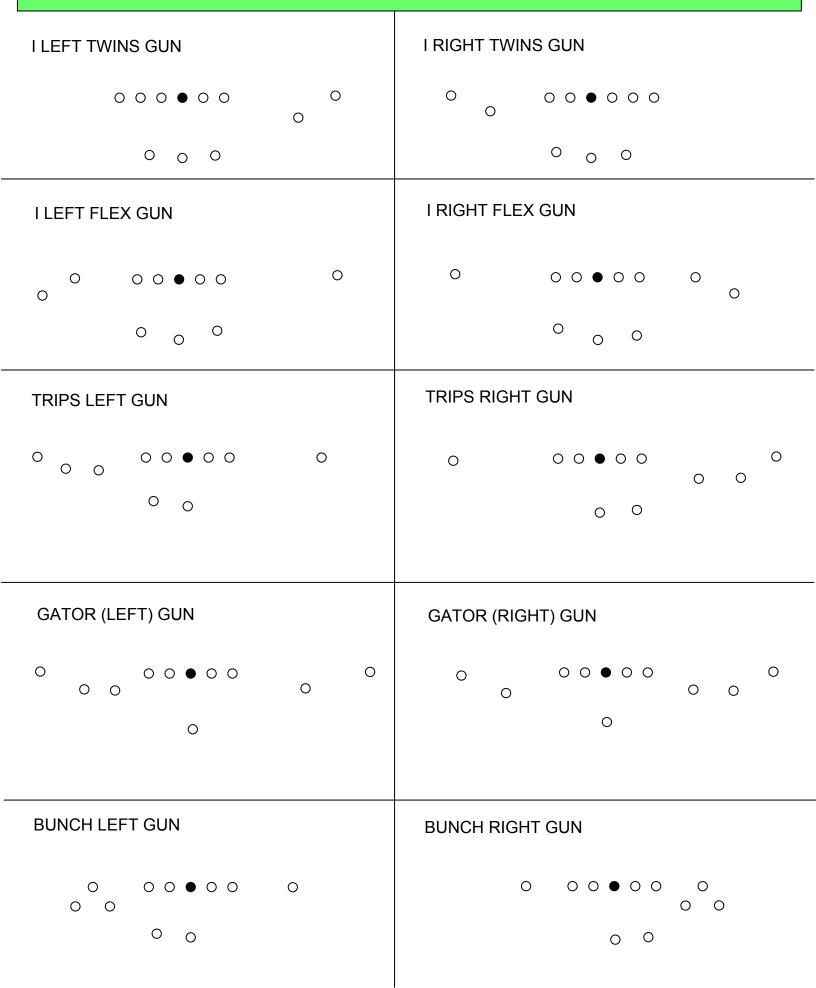
# ONE BACK FORMATIONS

QUADS LEFT	QUADS RIGHT
LEFT	RIGHT
0	0
TRIPS LEFT TIGHT	TRIPS RIGHT TIGHT
O	0
ACE	DOUBLES
TREY LEFT	TREY RIGHT

# RUN AND SHOOT FORMATIONS



# GUN FORMATIONS



# GUN FORMATIONS

I LEFT GUN	I RIGHT GUN
0 0 0 <b>0</b> 0	0 00000
0 0 0	0 0 0
LEFT GUN	RIGHT GUN
000•00 0 0 0	
о <sub>О</sub>	0 0
TRIPS LEFT TIGHT GUN	TRIPS RIGHT TIGHT GUN
ACE GUN	SPREAD
TREY LEFT GUN	TREY RIGHT GUN

### NASTY TIGHT FORMATIONS

NASTY I RIGHT TIGHT
0 0
NASTY NEAR RIGHT TIGHT
0 0
NASTY FAR RIGHT_TIGHT
0 0
NASTY STRONG I RIGHT TIGHT
0
NASTY WEAK I RIGHT TIGHT
0

### NASTY FORMATIONS

NASTY I LEFT	NASTY I RIGHT
0	0
NASTY NEAR LEFT	NASTY NEAR RIGHT
0 0	0 0
NASTY FAR LEFT	NASTY FAR RIGHT
0 0	0 0
NASTY STRONG I LEFT	NASTY STRONG I RIGHT
0	о О
NASTY WEAK I LEFT	NASTY WEAK I RIGHT
0	0

### WING FORMATIONS

I LEFT WING		I RIGHT WING
	0	○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
0 0		0 0
NEAR LEFT WING		NEAR RIGHT WING
	0	0 00000
0 0		0 0
FAR LEFT WING		FAR RIGHT WING
	0	0 00000
0 0		0 0
STRONG I LEFT WING		STRONG I RIGHT WING
	0	○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
0		
		Ĭ
WEAK I LEFT WING		WEAK I RIGHT WING
$\circ \circ $	Ο	0 00000
о о		0

### SLOT FORMATIONS

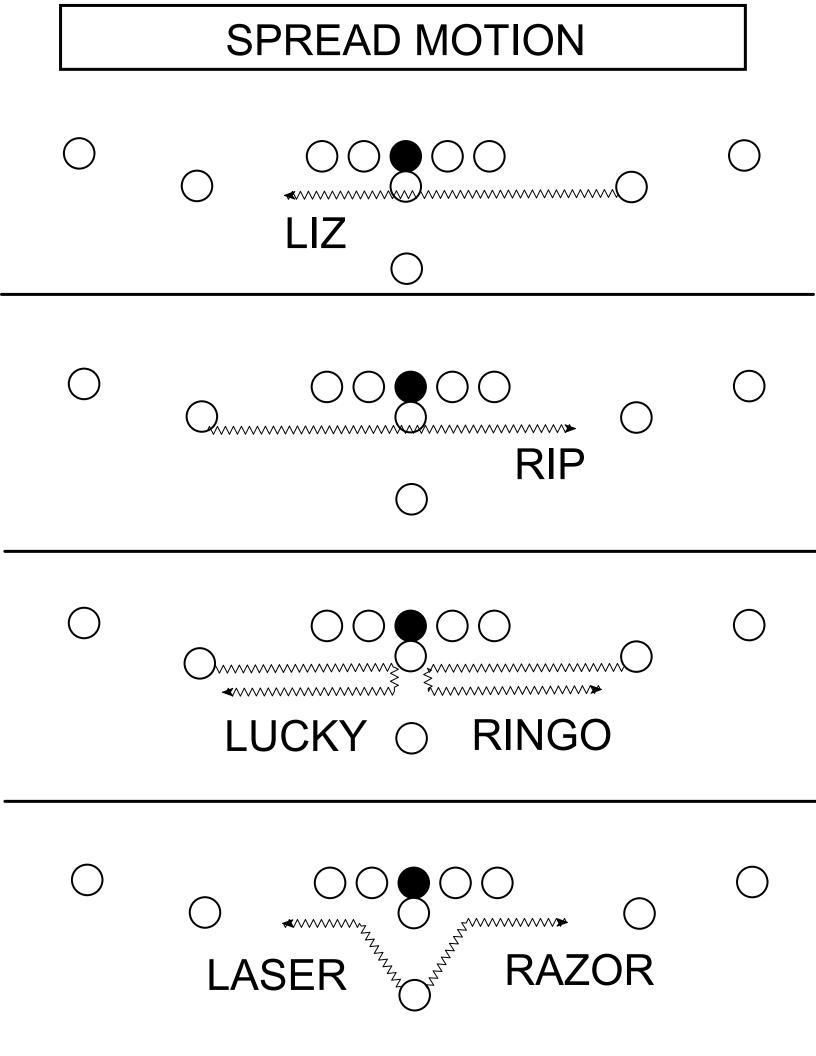
I LEFT SLOT	I RIGHT SLOT
NEAR LEFT SLOT	NEAR RIGHT SLOT
	000000
FAR LEFT SLOT	FAR RIGHT SLOT
	0 00000
0 0	0 0
STRONG I LEFT SLOT	STRONG I RIGHT SLOT
0	0
WEAKILEFT SLOT	WEAK I RIGHT SLOT
0	0

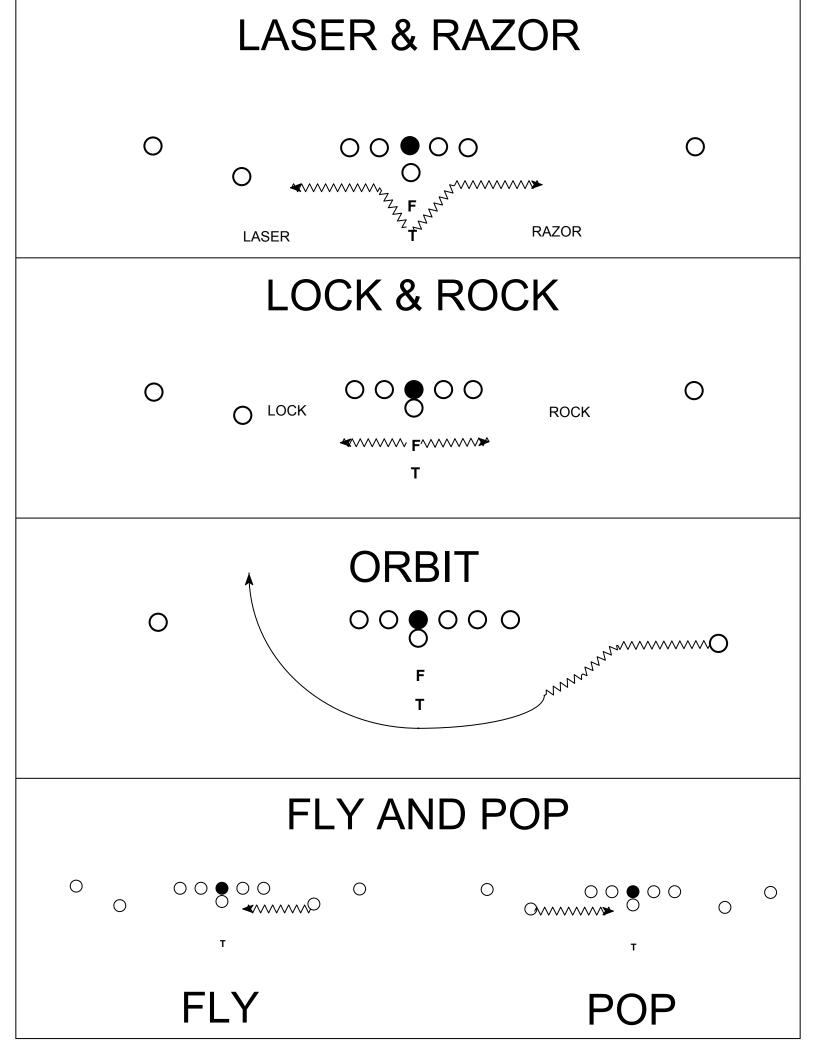
### UNBALANCED FORMATIONS

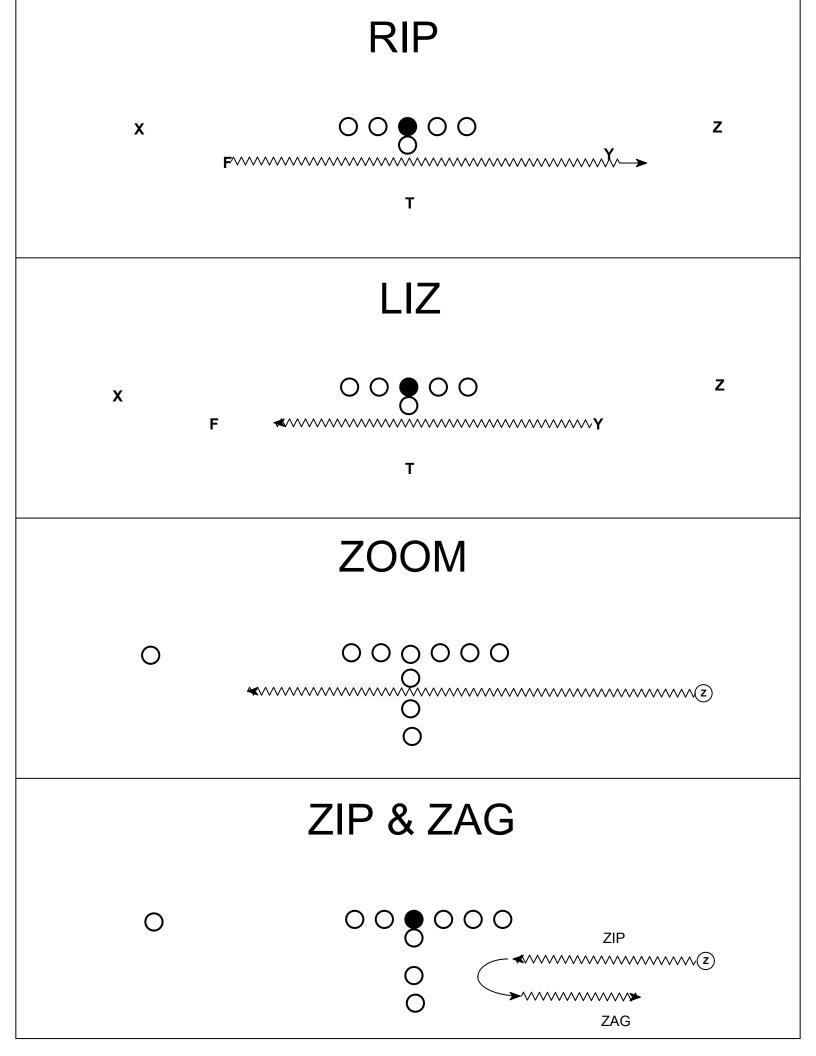
RIGHT OVER	RED RIGHT GUN
0	0
I RIGHT FLIP	I LEFT TWINS OVER
0 0	0 0
TRIPS LEFT TIGHT	TRIPS RIGHT TIGHT OVER
	0 000 • 00
Ο	0 0
ACE (LEFT) OVER	SUPER I RIGHT
0000000	
00	0 0
SUPER I RIGHT FLIP	TREY LEFT OVER GUN
0 0	0 0

### SPECIAL FORMATIONS

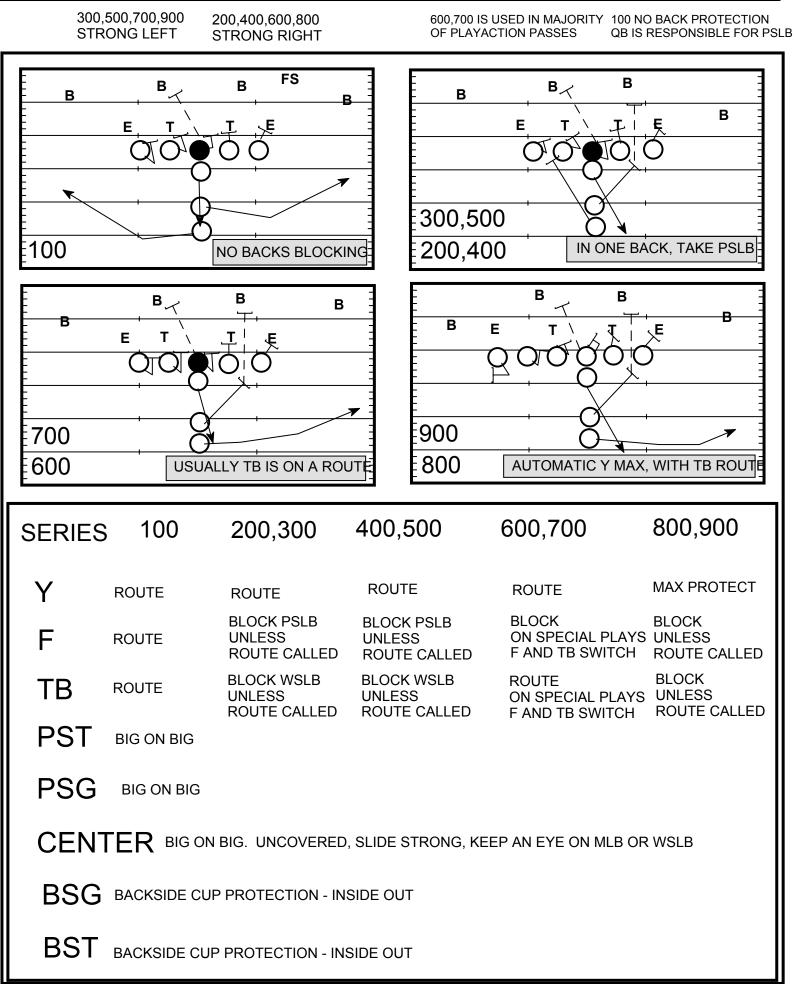
WISHBONE	ROBUST
$\circ \circ \circ \bullet \circ \circ \circ$	$\begin{array}{c} \circ \circ \circ \bullet \circ \circ \circ \circ \\ \circ \end{array}$
0 0 0	0 0 0
WISHBONE OPEN	ROBUST OPEN
	0 0 0
STACK OPEN	STACK
0 0000 0	$\circ \circ \circ \bullet \circ \circ \circ$
0 0 0	0 0 0
Y STACK LEFT	Y STACK RIGHT
0	$\sim$
SPLIT LEFT	SPLIT RIGHT
0 0	0 0



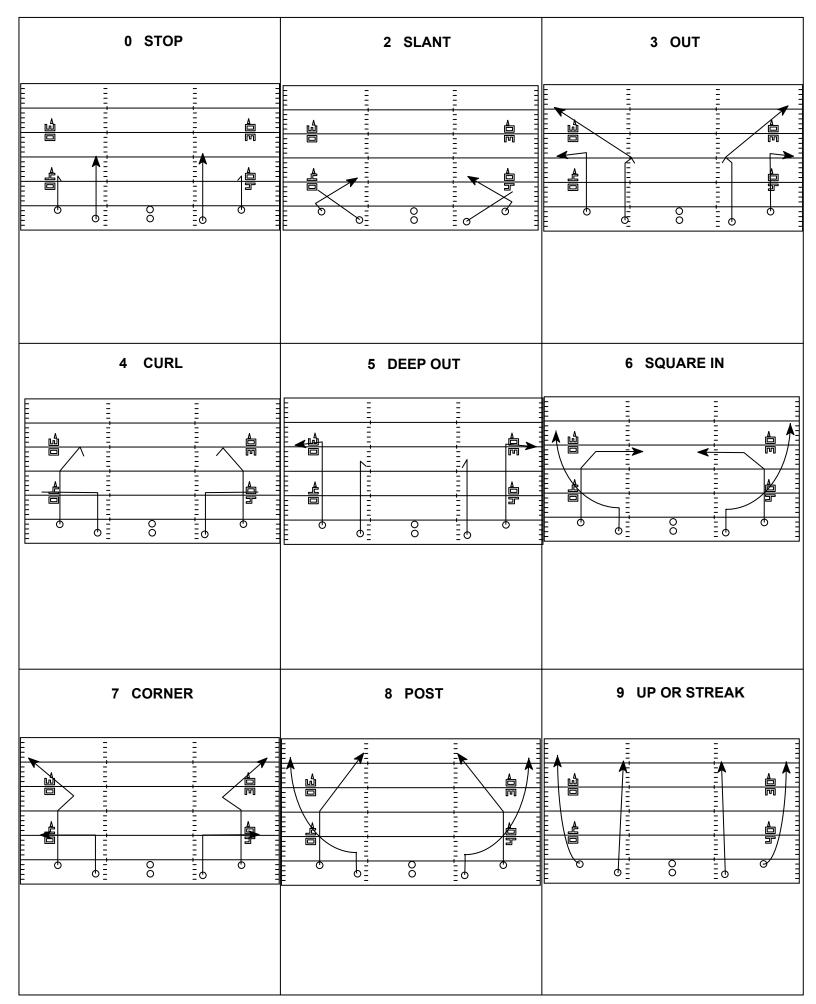




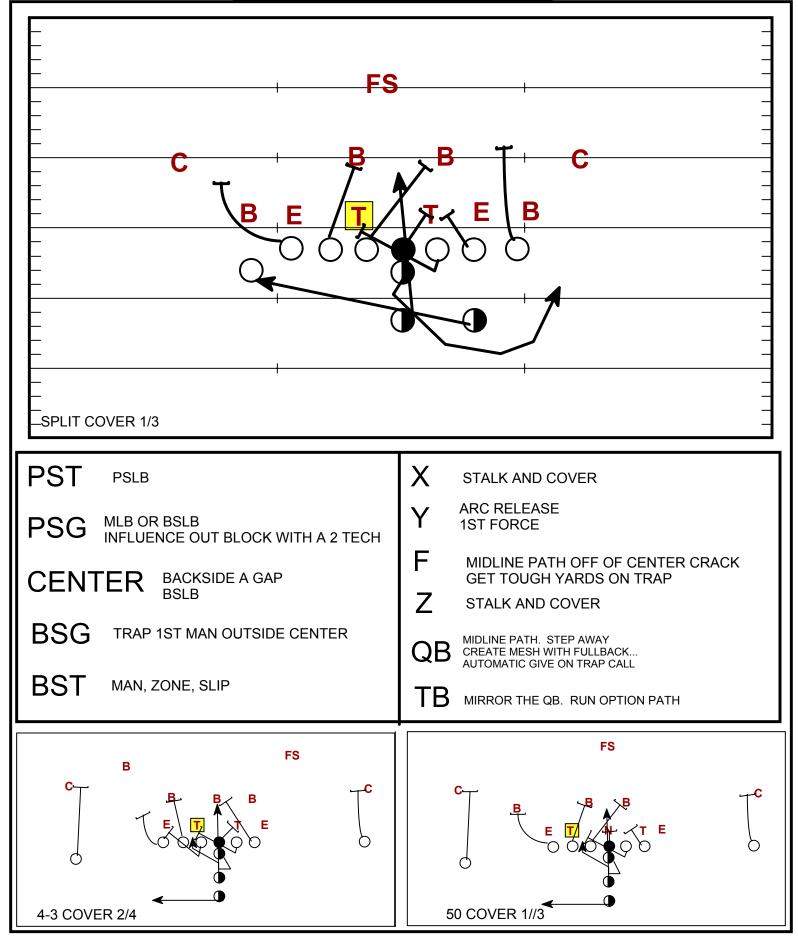
### PASS PROTECTION



#### ROUTE TREE WITH AUXILLARY ROUTES



## 31 TRAP



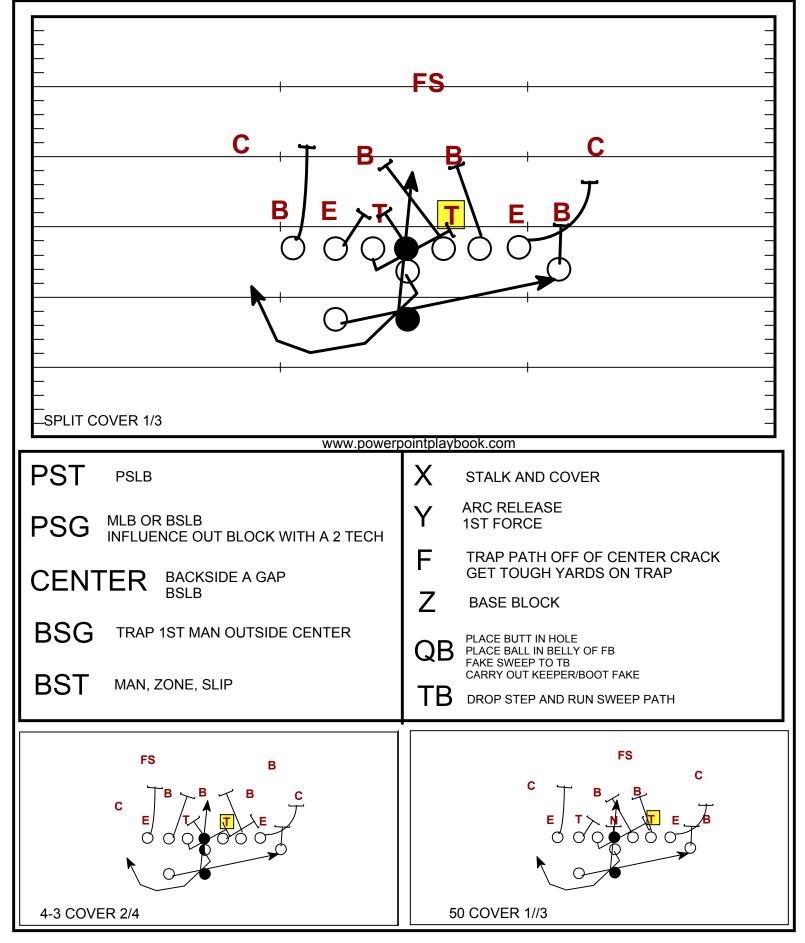
#### Far Wing Right

# **48 BUCK SWEEP**

C B B C B B C B C C B C C B C C B C C B C C B C C C B C C C B C C C B C C C B C C C C B C C C C B C C C C C B C C C C C B C	FS C C C C C C C C C C C C C
PST COVERED BASE UNCOVERED, BLOCK DOWN PSG PULL DOWNHILL KKICK OUT END CENTER BACKSIDE A GAP BSLB BSG PULL DOWNHILL TURN UP ON GARBAGE BST MAN, ZONE, SLIP	X       ZONE TO LB         Y       BLOCK DOWN         PSLB       F         F       TRAP PATH OFF OF CENTER CRACK         CARRY OUT FAKE       Z         BASE BLOCK         QB       PLACE BUTT IN HOLE PLACE HAND IN BELLY OF FB GIVE BALL ON SWEEP TO TB CARRY OUT KEEPER/BOOT FAKE         TB       DROP STEP AND RUN SWEEP PATH
FS B C FS C C F C F C C C F C C C C C C C C C C C	FS C E T T N T E S C C E T T N T E S S C C S S S S S S S S S S S S S S S

# 32 TRAP

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# 49 BUCK SWEEP

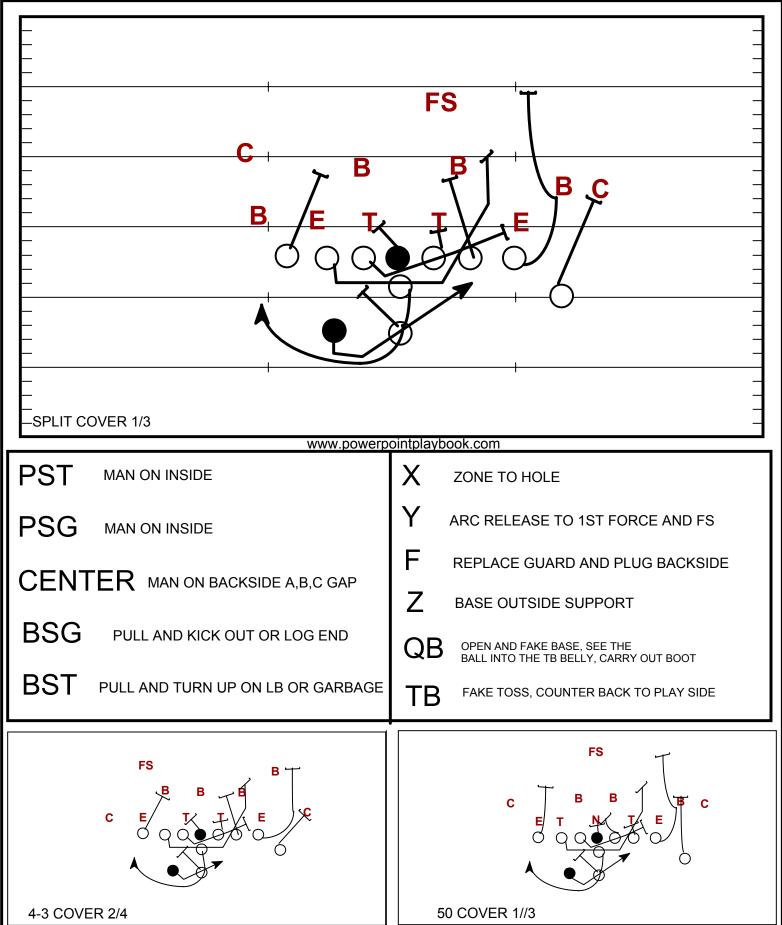
FS FS FS FS FS FS FS FS FS FS	Dointplaybook.com
PST COVERED BASE UNCOVERED, BLOCK DOWN PSG PULL DOWNHILL KKICK OUT END CENTER BACKSIDE A GAP BSLB BSG PULL DOWNHILL TURN UP ON GARBAGE BST MAN, ZONE, SLIP	X       ZONE TO LB         Y       BLOCK DOWN         PSLB       F         F       TRAP PATH OFF OF CENTER CRACK         CARRY OUT FAKE       Z         BASE BLOCK       BASE BLOCK         QB       PLACE BUTT IN HOLE         PLACE BUTT IN HOLE       PLACE HAND IN BELLY OF FB         GIVE BALL ON SWEEP TO TB       CARRY OUT KEEPER/BOOT FAKE         TB       DROP STEP AND RUN SWEEP PATH
B FS $C FF$ $C FF$ $FF$ $FF$ $C$ $FF$ $FF$ $FF$ $FF$ $F$	FS C FS C FS C F F F F F F F F

# 31 TRAP

FS C B B C T C B C T C C C C C C C C C C C	Dointplaybook.com
PST PSLB PSG MLB OR BSLB INFLUENCE OUT BLOCK WITH A 2 TECH CENTER BACKSIDE A GAP BSLB BSG TRAP 1ST MAN OUTSIDE CENTER BST MAN, ZONE, SLIP	<ul> <li>X STALK AND COVER</li> <li>Y ARC RELEASE 1ST FORCE</li> <li>F TRAP PATH OFF OF CENTER CRACK GET TOUGH YARDS ON TRAP</li> <li>Z BASE BLOCK</li> <li>QB PLACE BUTT IN HOLE PLACE BALL IN BELLY OF FB FAKE SWEEP TO TB CARRY OUT KEEPER/BOOT FAKE</li> <li>TB DROP STEP AND RUN SWEEP PATH</li> </ul>
B FS $C B B B C$ $FS C$ $C F C F C$	FS C FS C F F F F F F F F

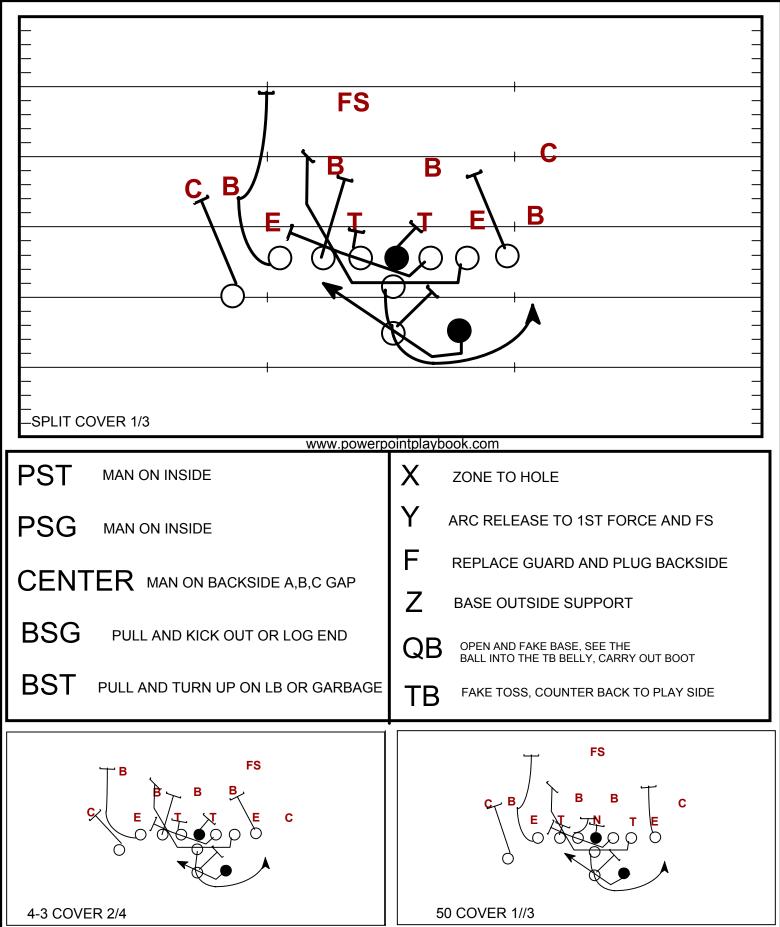
#### Far Right Wing

# 46 COUNTER



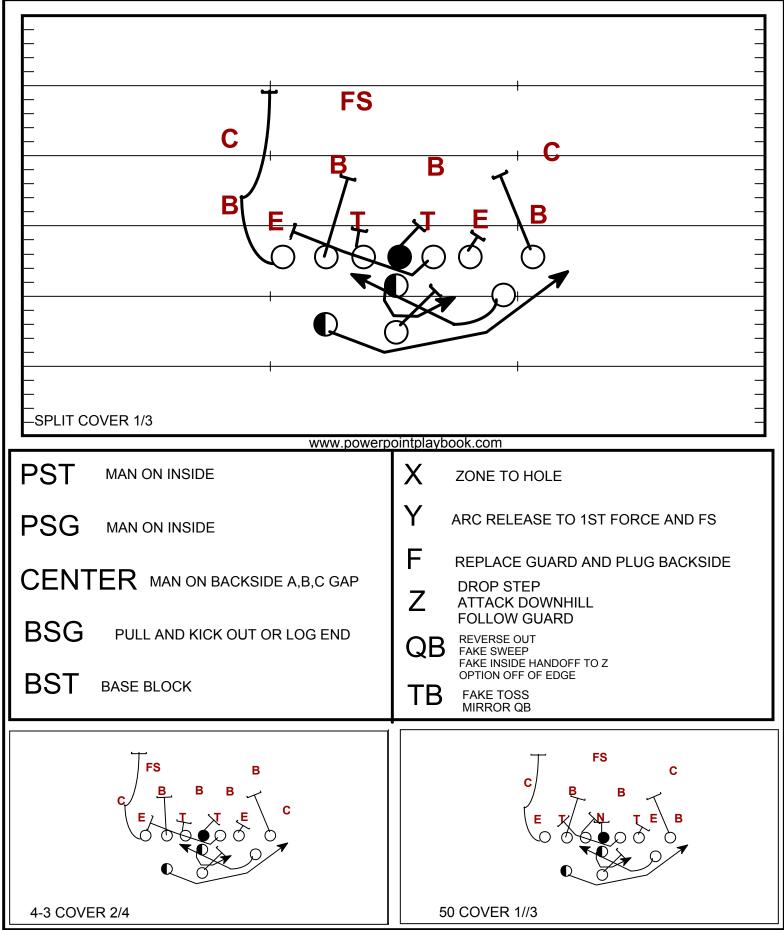
#### FAR LEFT WING

# 45 COUNTER



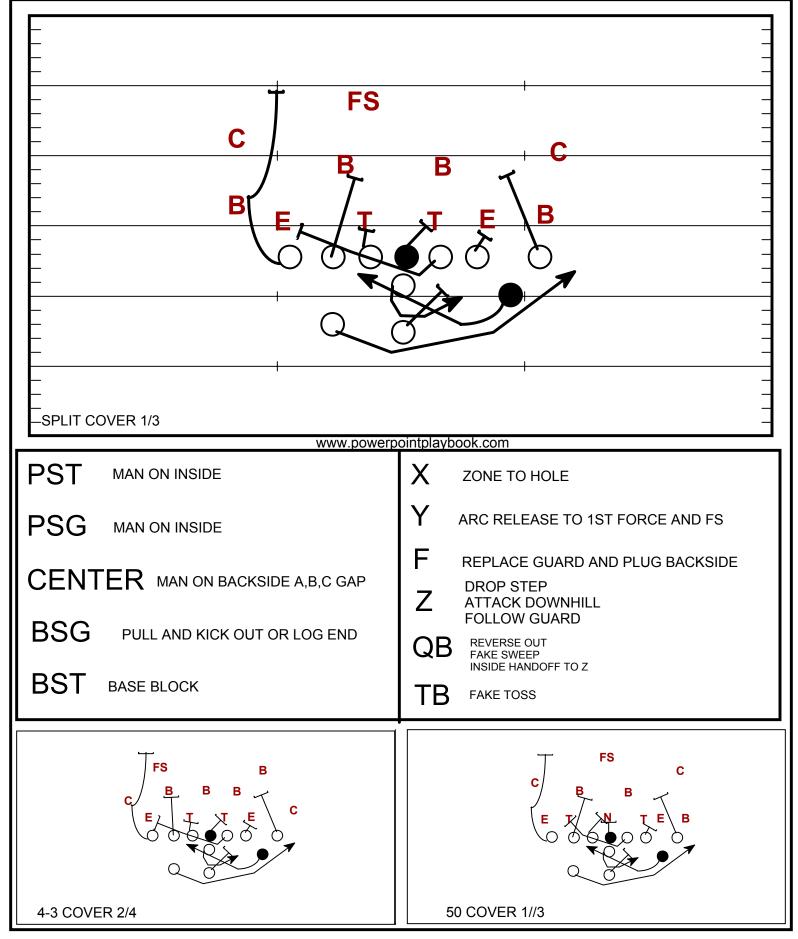
#### FAR NASTY RIGHT

# 25 CAKE KEEP

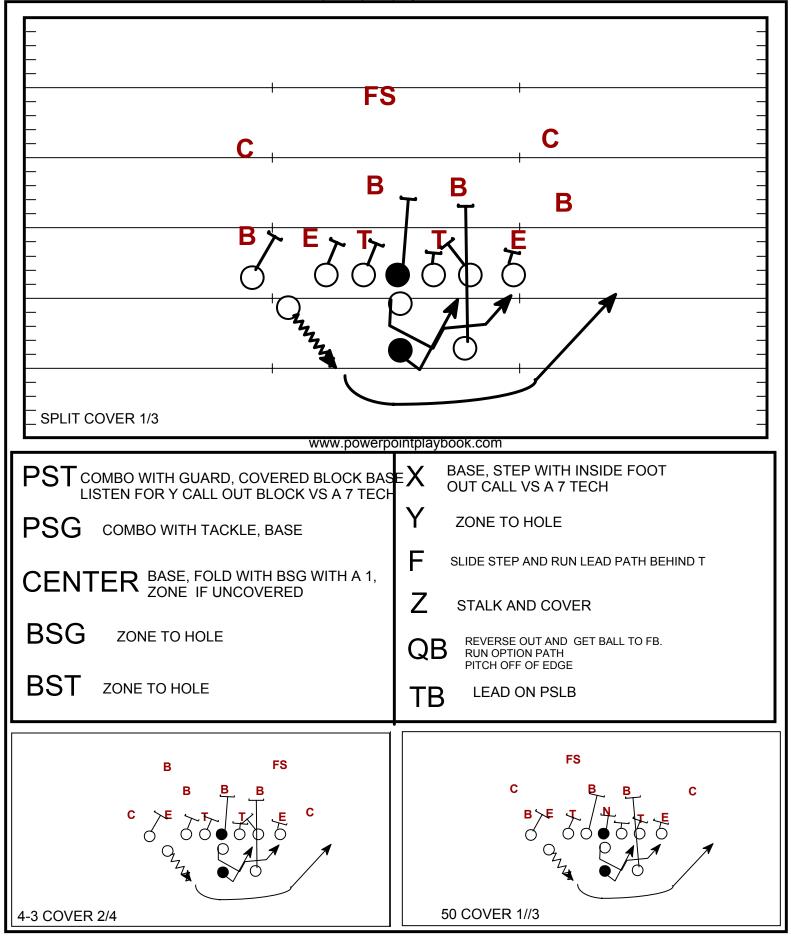


# 25 CAKE

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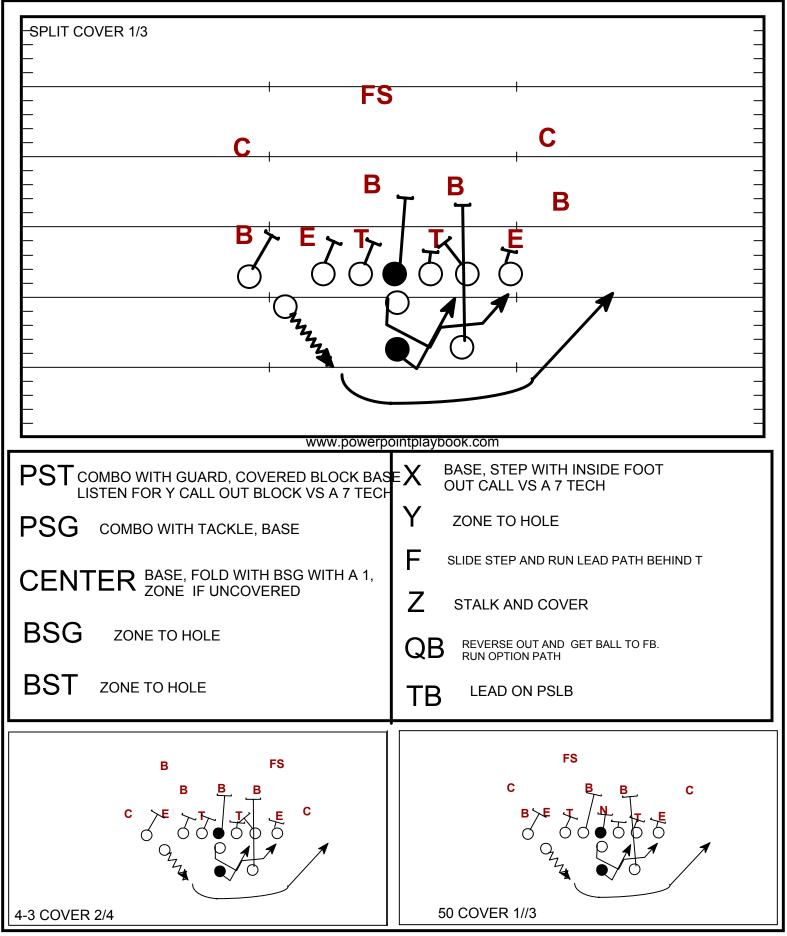


# ZOOM 34 LEAD KEEP

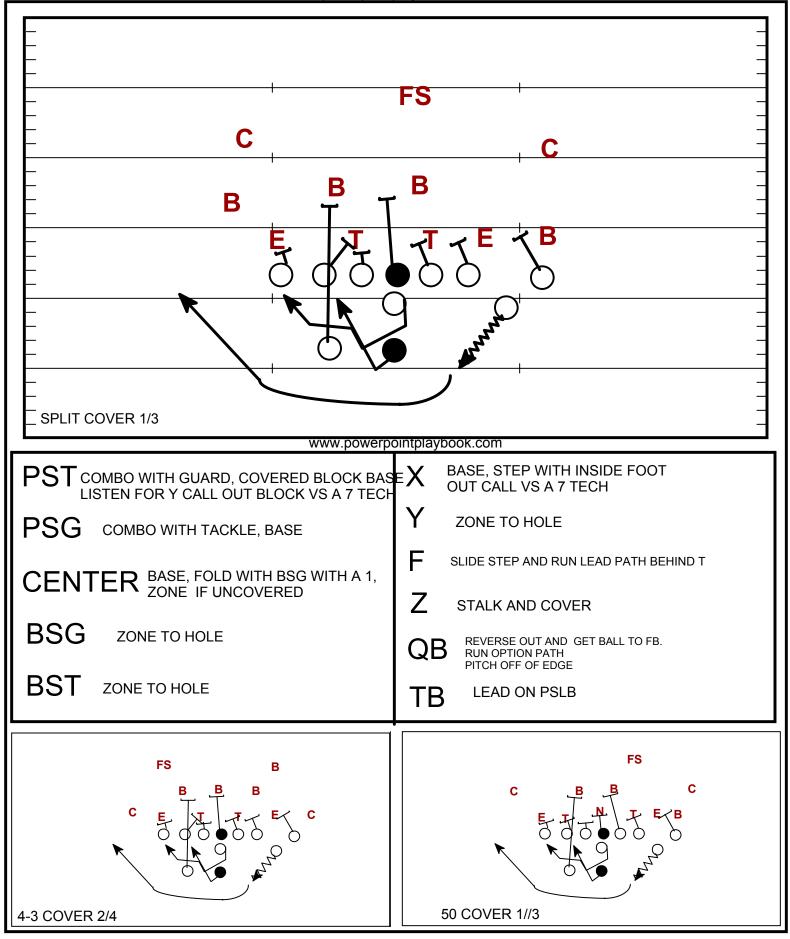


# ZOOM 34 LEAD

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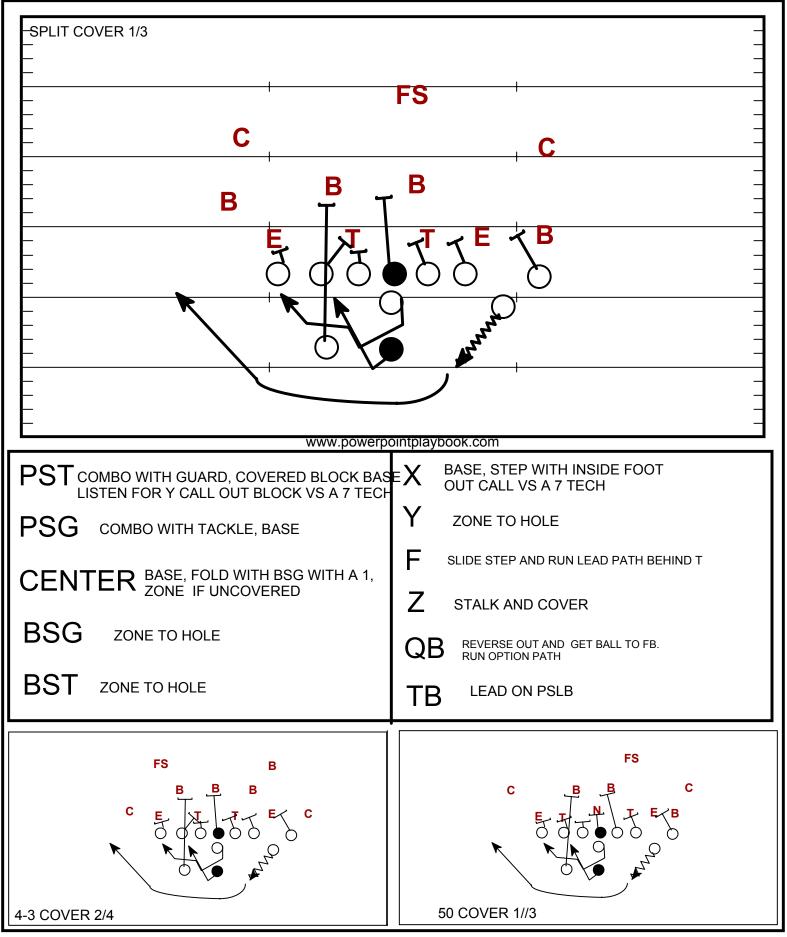


# ZOOM 33 LEAD KEEP



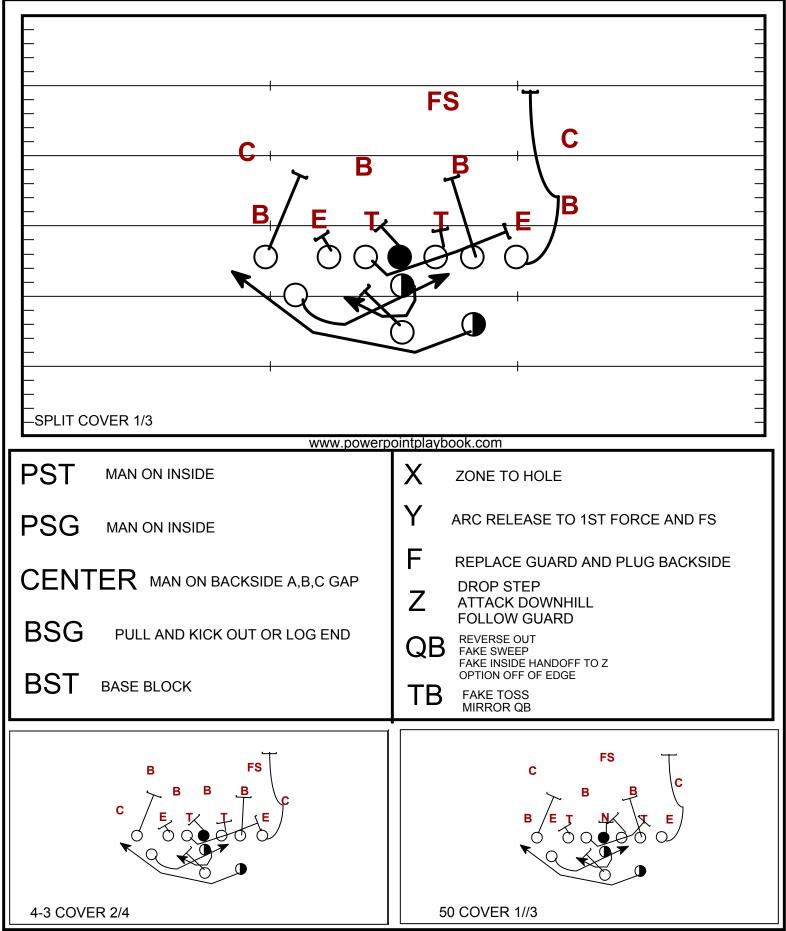
# ZOOM 33 LEAD

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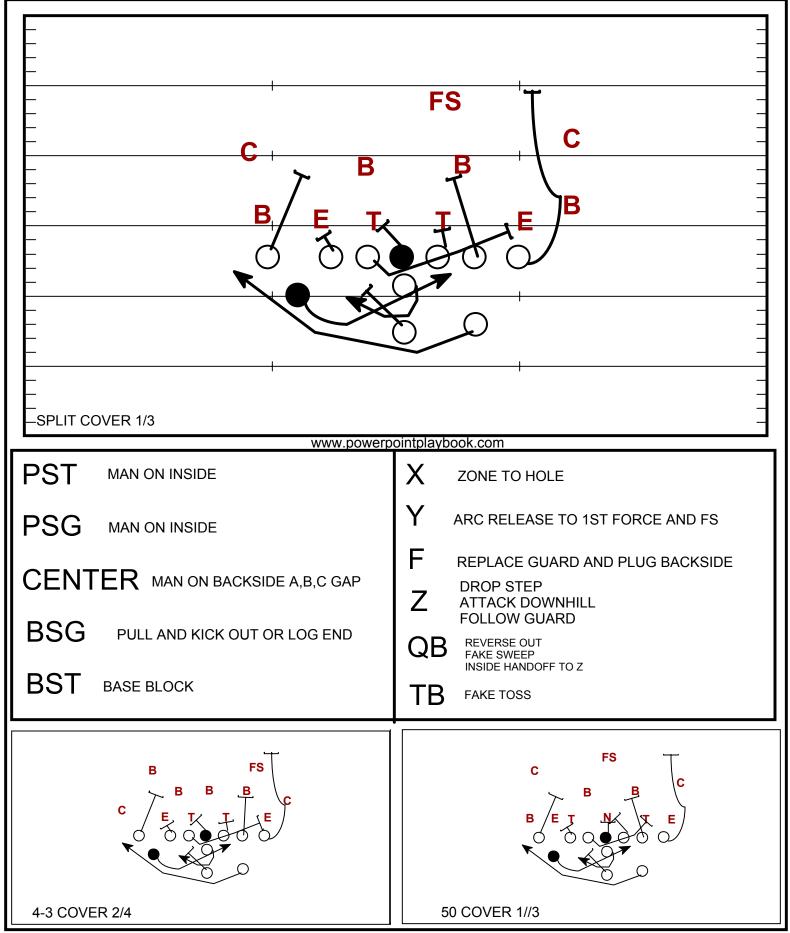
# 24 CAKE KEEP

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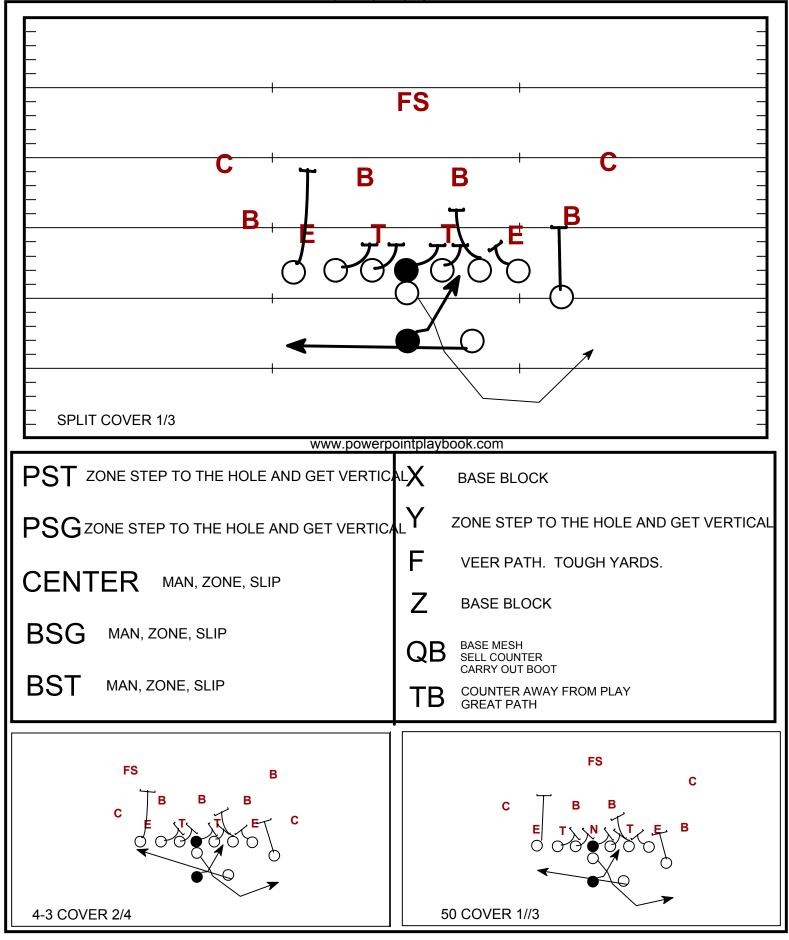
## 24 CAKE

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# NEAR RIGHT WING 34 BASE

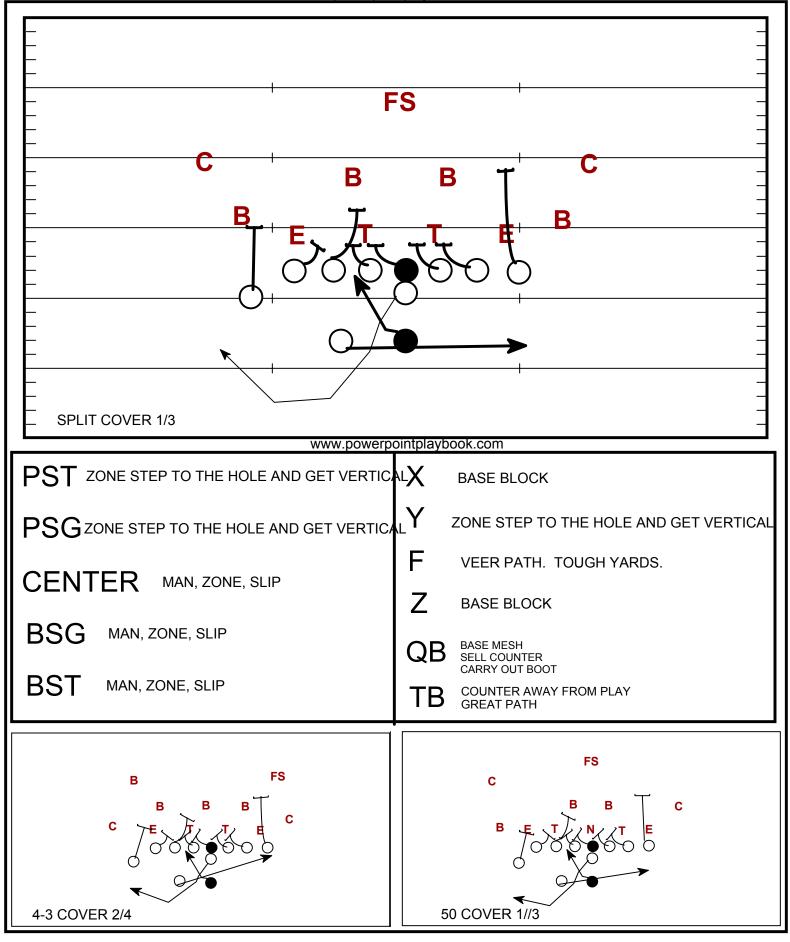
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NEAR LEFT WING TIGHT

## 33 BASE

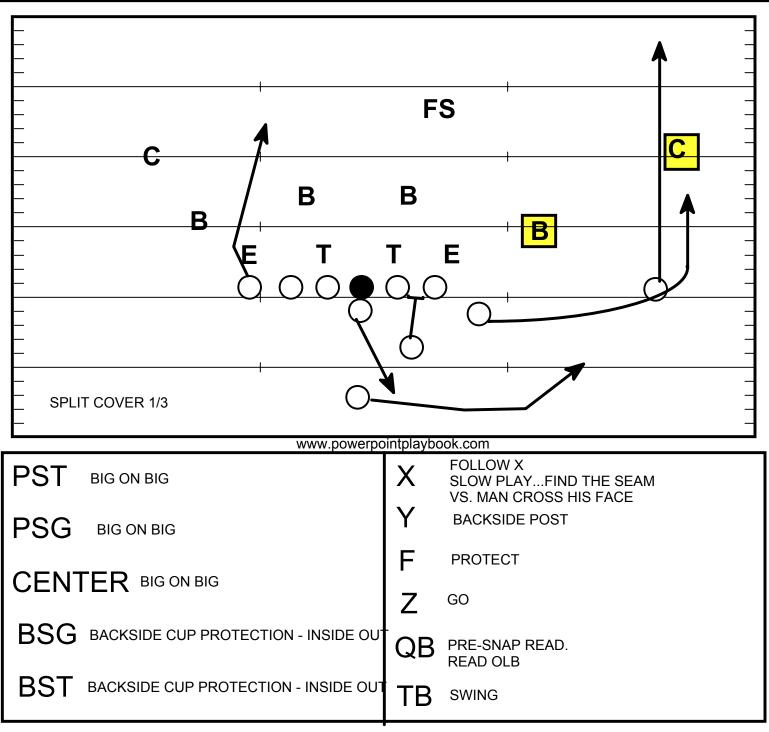
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#### WEAK SLOT LEFT

# 609 X FOLLOW

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#### SPECIAL NOTES:

GOOD VS MAN OR ZONE

KILLS COVER 1 OR 3

## 508

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NASTY

FAR LEFT

FS FS	
SPLIT COVER 1/3	
www.powerpc	pintplaybook.com
PST BIG ON BIG	X POST
PSG BIG ON BIG	Y POST
CENTER BIG ON BIG	F PROTECT
	Z RAIL
BSG BACKSIDE CUP PROTECTION - INSIDE OUT	QB READ CORNER
<b>BST</b> BACKSIDE CUP PROTECTION - INSIDE OUT	TB PROTECT

#### **SPECIAL NOTES:**

GOOD VS MAN OR ZONE

RAIL WILL USUALLY BE OPEN

**BIG PLAY** 

READ DEEP TO SHALLOW PROGRESSION

GOOD VS MAN OR ZONE

#### SPECIAL NOTES:

SPLIT COVER 1/3		
www.powerpointplaybook.com		
PST BIG ON BIG	X POST	
PSG BIG ON BIG	Y FLAG	
	F PROTECT	
CENTER BIG ON BIG	Z DEEP OUT	
<b>BSG</b> BACKSIDE CUP PROTECTION - INSIDE OUT	QB READ CORNER	
BST BACKSIDE CUP PROTECTION - INSIDE OUT	TB PROTECT	

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## 507

**F**<u>S</u>

Β

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Т

В

Т

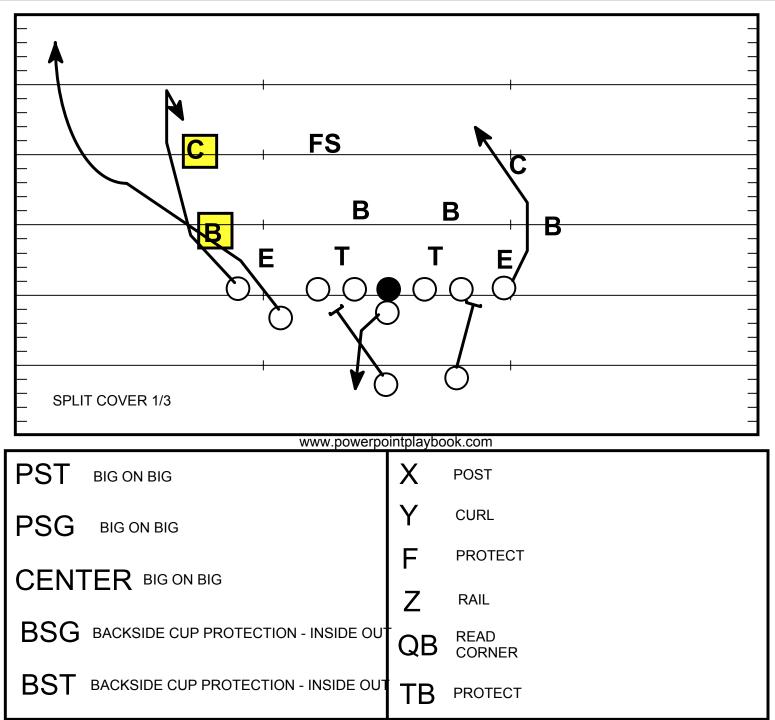
B

E

#### NASTY FAR <u>LEFT</u>

# 504 RAIL

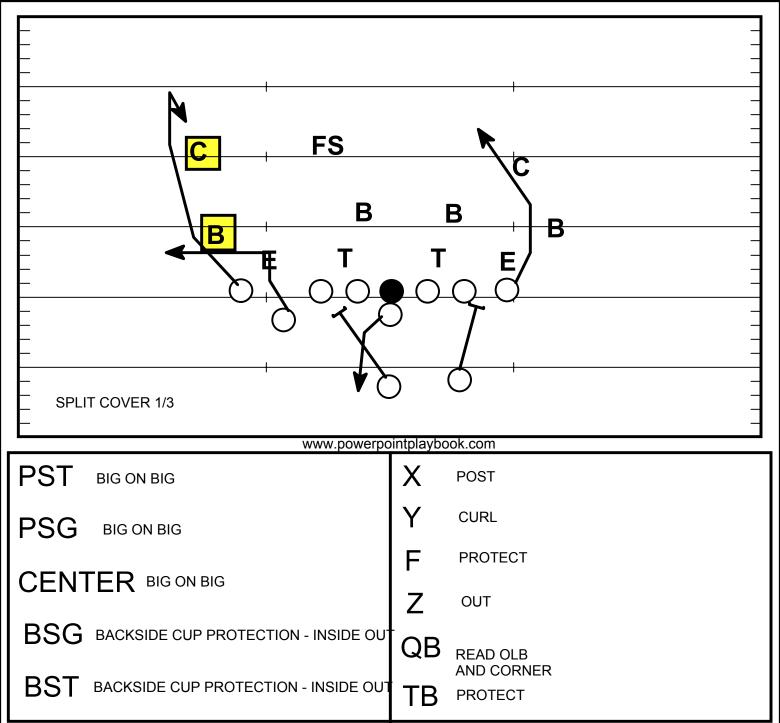
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### SPECIAL NOTES:

## 504

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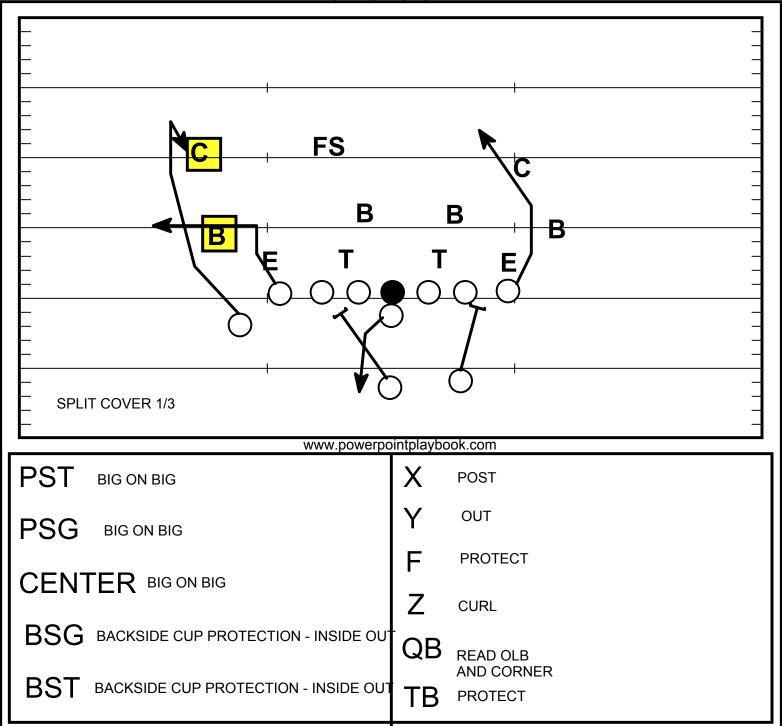
#### SPECIAL NOTES:

NASTY

FAR LEFT

## 504

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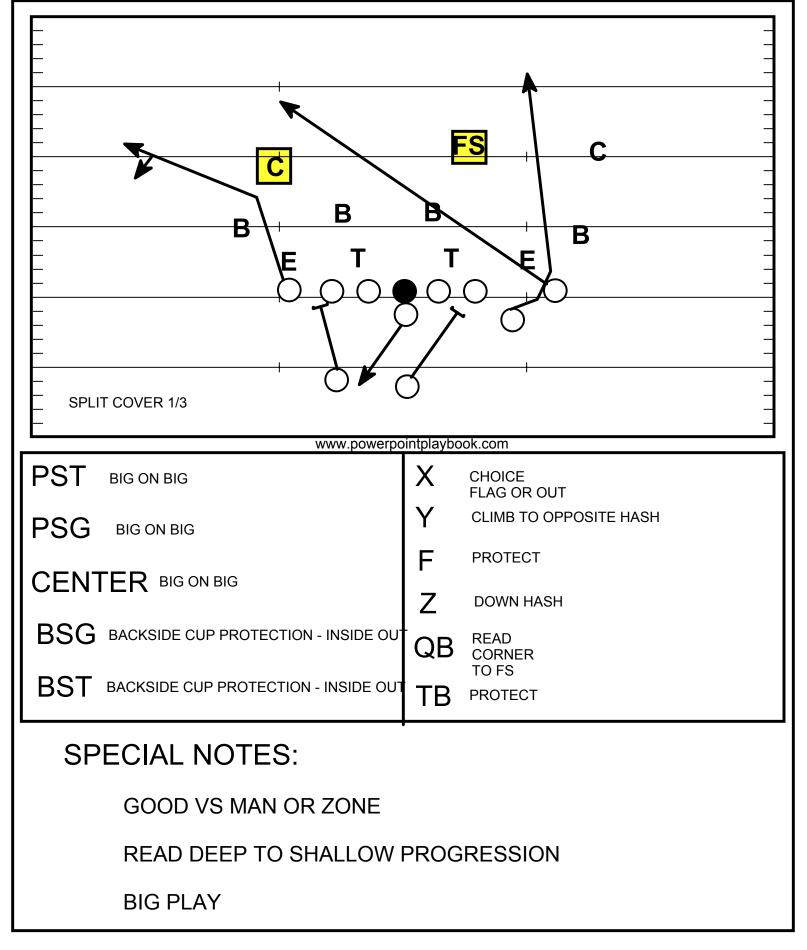
#### SPECIAL NOTES:

FAR

WING LEFT

#### NASTY FAR <u>RIGHT</u>

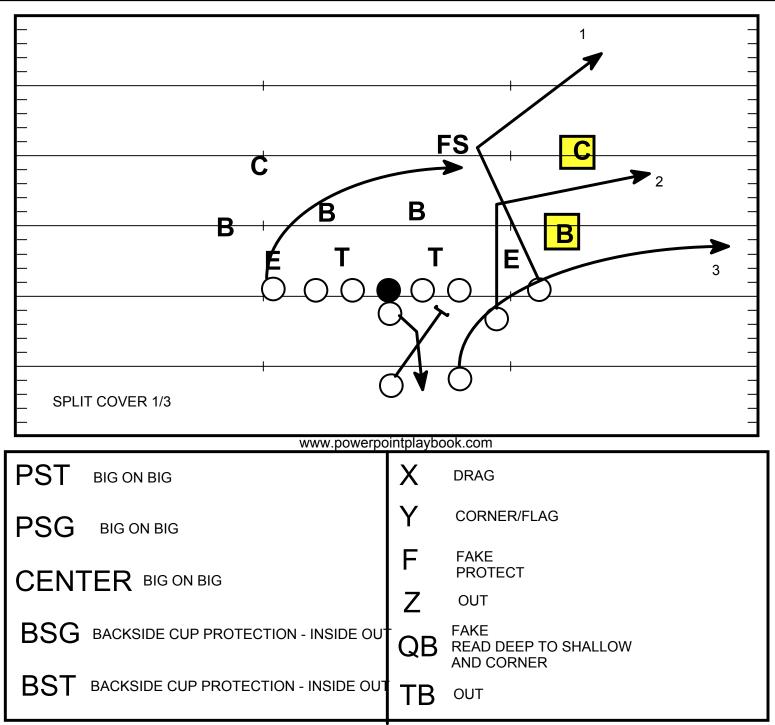
# 500 CHOICE



#### NASTY NEAR <u>RIGHT</u>

# 434 FLOOD

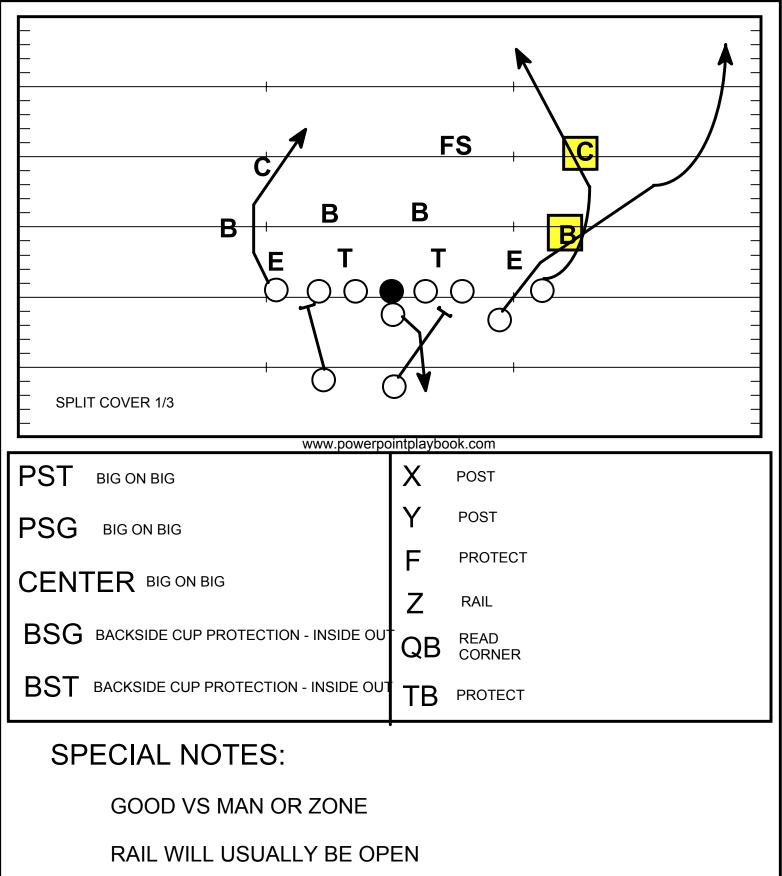
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### SPECIAL NOTES:

## 408

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**BIG PLAY** 

NASTY

**RIGHT** 

FAR

READ DEEP TO SHALLOW PROGRESSION

GOOD VS MAN OR ZONE

## SPECIAL NOTES:

SPLIT COVER 1/3	
www.powerpo	intplaybook.com
PST BIG ON BIG	X POST
PSG BIG ON BIG	Y FLAG
CENTER BIG ON BIG	F PROTECT
	Z DEEP OUT
<b>BSG</b> BACKSIDE CUP PROTECTION - INSIDE OUT	QB READ CORNER
BST BACKSIDE CUP PROTECTION - INSIDE OUT	TB PROTECT

407

NASTY

FAR <u>RIGHT</u>

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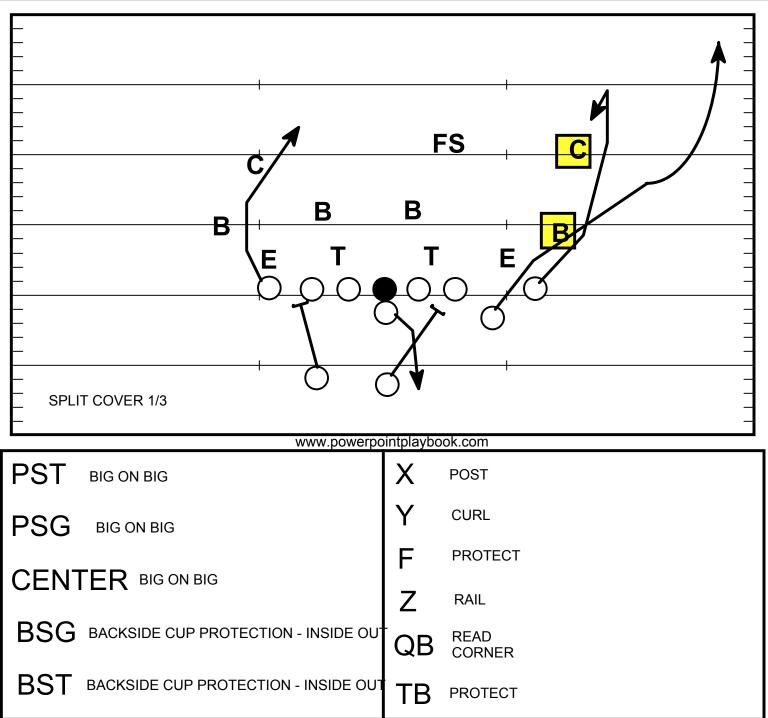
В

E

#### NASTY FAR <u>RIGHT</u>

# 404 RAIL

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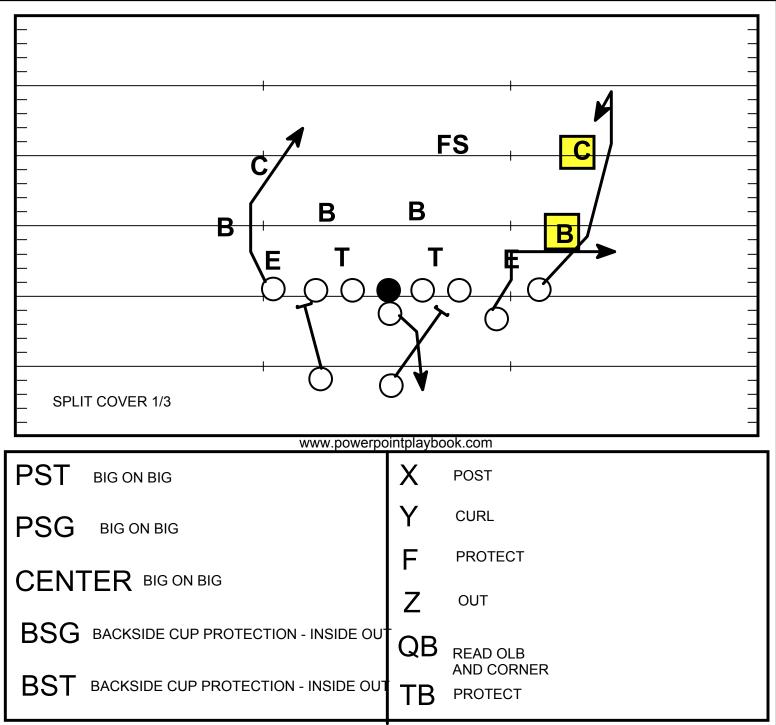


## SPECIAL NOTES:

#### NASTY FAR <u>RIGHT</u>

## 404

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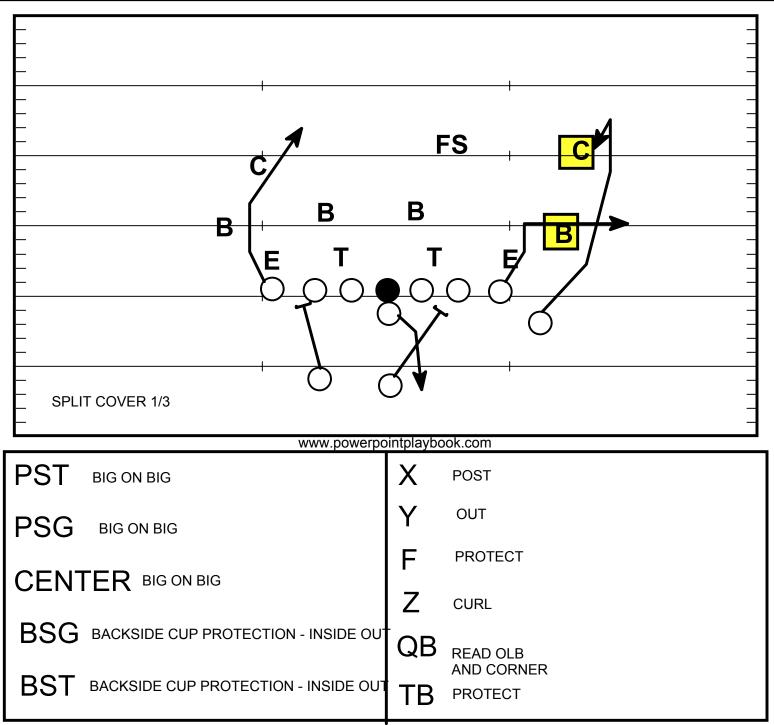


## SPECIAL NOTES:

#### FAR WING <u>RIGHT</u>

## 404

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## SPECIAL NOTES:

LEFT ICC C		
www.powerpointplaybook.com		
C FS	B D	
SPLIT COVER 1/3	ointplaybook.com	
PST BIG ON BIG	X CHOICE FLAG OR OUT	
PSG BIG ON BIG	Y CLIMB TO OPPOSITE HASH	
CENTER BIG ON BIG	F PROTECT Z DOWN HASH	
BSG backside CUP protection - inside OU	QB READ CORNER	
<b>BST</b> BACKSIDE CUP PROTECTION - INSIDE OUT	TO FS TB PROTECT	
SPECIAL NOTES:		
GOOD VS MAN OR ZONE		
READ DEEP TO SHALLOW I	PROGRESSION	
BIG PLAY		

# 400 CHOICE

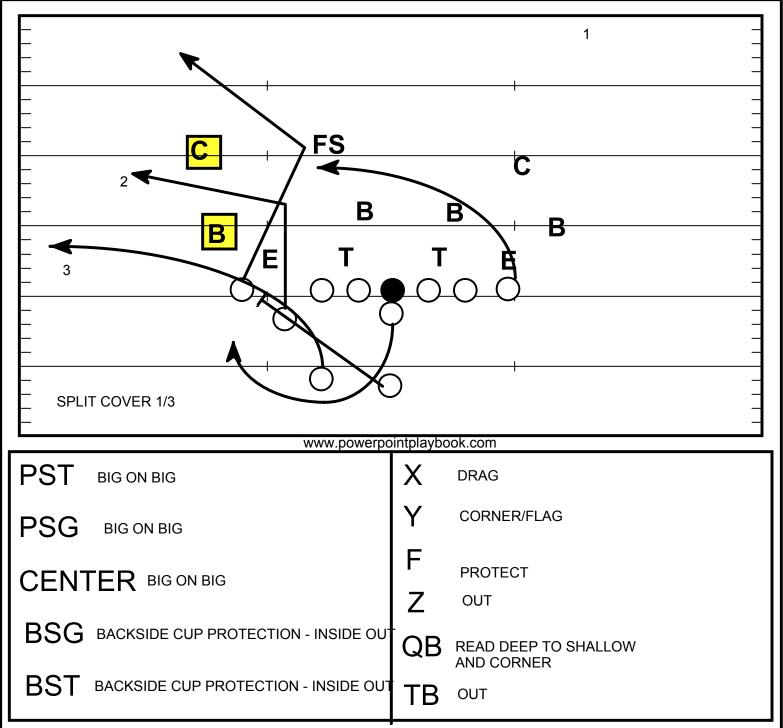
NASTY

FAR

NASTY NEAR <u>LEFT</u>

# 90 FLOOD

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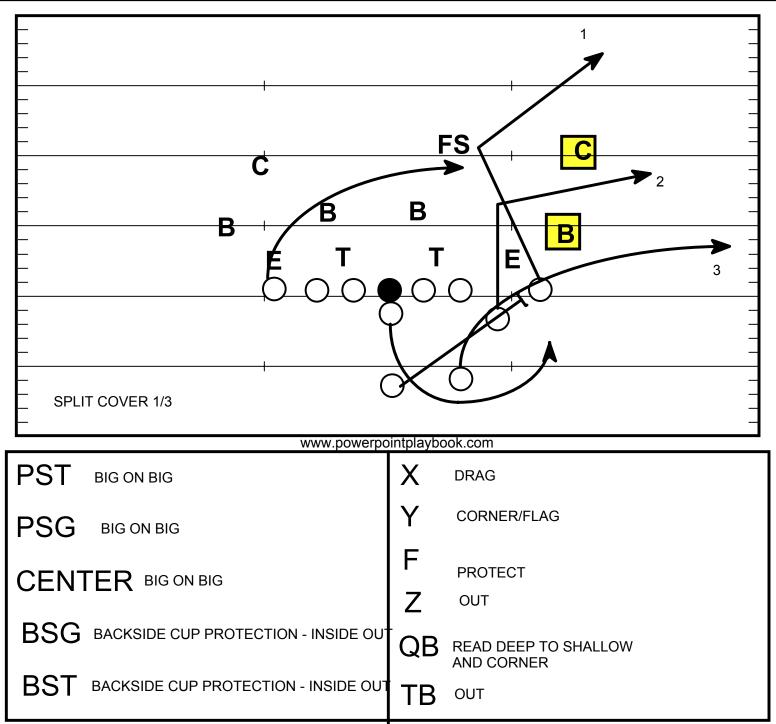


## SPECIAL NOTES:

#### NASTY NEAR <u>RIGHT</u>

# 80 FLOOD

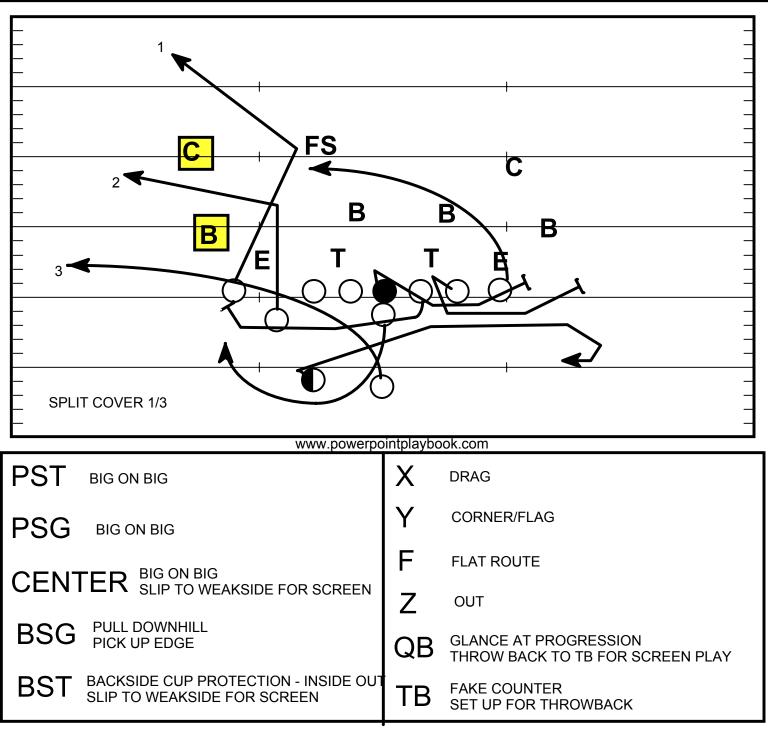
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## SPECIAL NOTES:

#### NASTY NEAR LEFT BOOT @ 9 THROWBACK

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## SPECIAL NOTES:

#### GOOD VS MAN OR ZONE

## SPECIAL NOTES:

SPLIT COVER 1/3	bintplaybook.com
PST BIG ON BIG	X DRAG
PSG BIG ON BIG	Y CORNER/FLAG
CENTER BIG ON BIG	<ul><li>F FLAT ROUTE</li><li>OUT</li></ul>
BSG PULL DOWNHILL PICK UP EDGE	QB READ DEEP TO SHALLOW AND CORNER
<b>BST</b> BACKSIDE CUP PROTECTION - INSIDE OUT	TB FAKE COUNTER CHOP HEAT

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C

1

2

# BOOT @ 0

FS

#### NASTY NEAR RIGHT BOOT @ 8 THROWBACK

B B B B B C B B C C B C C C C C C C C C	FS C C C C C C C C C C C C C
PST BIG ON BIG	X DRAG
PSG BIG ON BIG	Y CORNER/FLAG
	F FLAT ROUTE
CENTER BIG ON BIG SLIP TO WEAKSIDE FOR SCREEN	Z OUT
BSG PULL DOWNHILL PICK UP EDGE	<b>QB</b> GLANCE AT PROGRESSION THROW BACK TO TB FOR SCREEN PLAY
<b>BST</b> BACKSIDE CUP PROTECTION - INSIDE OUT SLIP TO WEAKSIDE FOR SCREEN	TB FAKE COUNTER SET UP FOR THROWBACK

## SPECIAL NOTES:

#### GOOD VS MAN OR ZONE

## SPECIAL NOTES:

C B B B C T C C C C C C C C C C C C C C	
PST BIG ON BIG	intplaybook.com
PSG BIG ON BIG	Y CORNER/FLAG
CENTER BIG ON BIG	F FLAT ROUTE
	Ζ ουτ
BSG PULL DOWNHILL PICK UP EDGE	<b>QB</b> READ DEEP TO SHALLOW AND CORNER
<b>BST</b> BACKSIDE CUP PROTECTION - INSIDE OUT	TB FAKE COUNTER CHOP HEAT

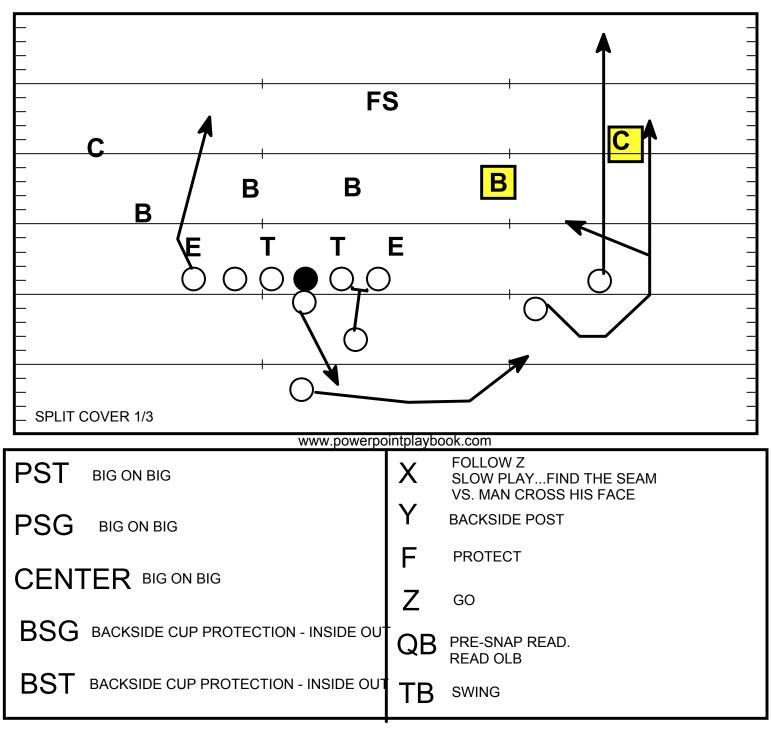
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1

# BOOT @ 8

# 609 X FOLLOW

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### SPECIAL NOTES:

WEAK

LEFT TWINS

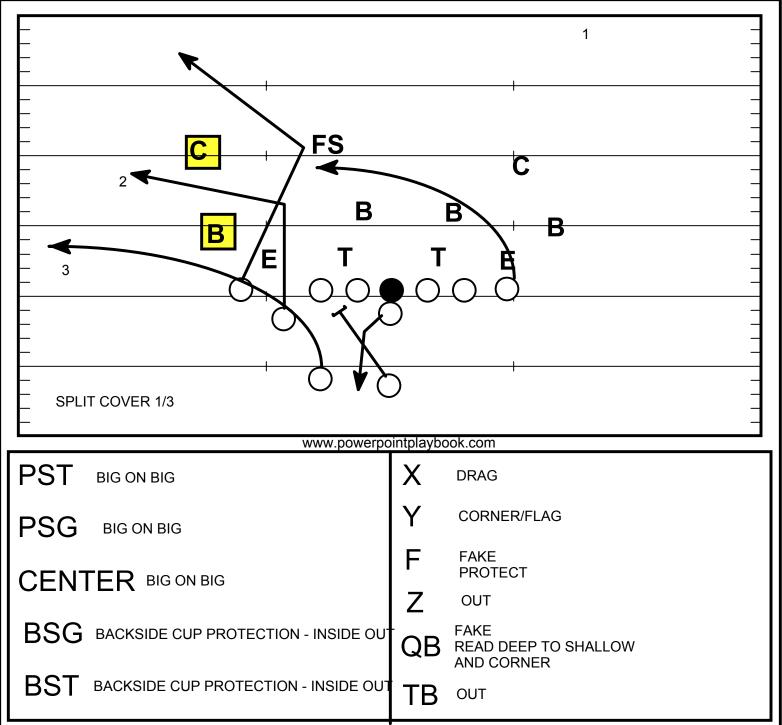
GOOD VS MAN OR ZONE

KILLS COVER 1 OR 3

NASTY NEAR LEFT

# 535 FLOOD

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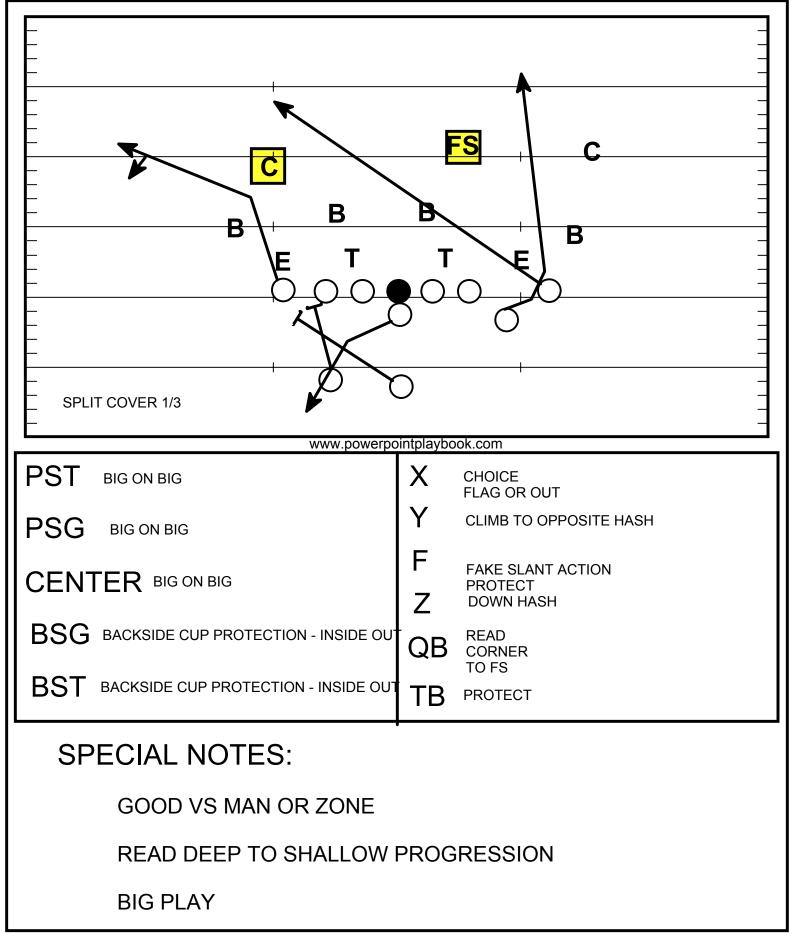


## SPECIAL NOTES:

NASTY
FAR
RIGHT

# 535 CHOICE

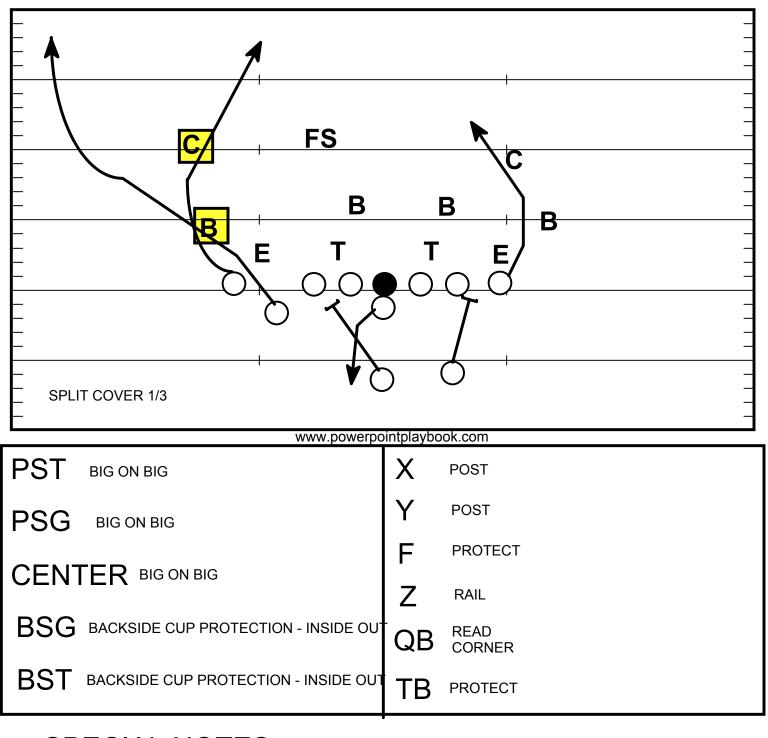
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## 508

NASTY FAR <u>RIGHT</u>

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### SPECIAL NOTES:

GOOD VS MAN OR ZONE

RAIL WILL USUALLY BE OPEN

**BIG PLAY** 

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# Coaching Headquarters

- Playbooks
- Drills
- Resources
- Articles
- Motivation